

CATALOG 2024



Kos Herbal Lab



Kos Herbal Lab

NATURAL SUPPLEMENTS
since 1986

Export lines 2024

kos.it

ALPHABETICAL LIST OF PRODUCTS

Prodotto	Categoria	Page
A		
Açaí 1000mg 60 tablets	Principia	13
Açaí D.E. 60 tablets	Principia	13
Acidophilus 10 billion 24 capsules	Enzymes	62
Acetylcysteine 30 capsules	Nutraceuticals	33
Agaricus blazei 60 capsules	Principia	13
Air Pills 100 chewable tablets	Formulas	44
Alginate 40 tablets	Nutraceuticals	33
Aloe vera juice 1000ml	Formulas	43
Alpha lipoic acid 60 capsules	Nutraceuticals	33
Amla D.E. 60 tablets	Principia	13
Anxiety Pills 100 chewable tablets	Formulas	44
Appetite Pills 100 chewable tablets	Formulas	45
Aronia D.E. 60 tablets	Principia	13
Artichoke D.E. 60 tablets	Principia	16
Artika 60 tablets	Formulas	43
Artika Genesis 60 tablets	Formulas	43
Ashwagandha D.E. 60 tablets	Principia	14
Astragalus 70% 500mg 30 capsules	Principia	14
Aurantium D.E. 60 tablets	Principia	14

B		
B Complex 60 tablets	Nutraceuticals	33
B1B6B12 Vitamins 60 tablets	Nutraceuticals	39
Bacopa D.E. 60 tablets	Principia	14
Balsamic Pills 100 chewable tablets	Formulas	45
Bamboo D.E. 60 capsules	Principia	14
Baobab 50g	Essential herbalist	55
Berberine 60 tablets	Principia	14
Bifidum 10 billion 24 capsules	Enzymes	62
Bioflavonoids 60 tablets	Nutraceuticals	34
Black cumin seed oil 60 capsules 500mg	Gel capsules	59
Black garlic D.E. 60 capsules	Principia	31
Blend n. 1 CIS 45 capsules	Formulas	43
Blend n. 2 POL 45 capsules	Formulas	43
Blend n. 3 MICO 45 capsules	Formulas	43
Blend n. 4 ENTERO 45 capsules	Formulas	44
Blueberry D.E. 60 tablets	Principia	15
Blueberry strong 30 capsules	Principia	15
Borage 30 Gel capsules	Gel capsules	58
Boswellia D.E. 60 tablets	Principia	15
Boulardii 5 billion 30 capsules	Enzymes	62
Branched chain amino acids 100 tablets 1g	Nutraceuticals	33
Branched chain amino acids 300 tab. 1g	Nutraceuticals	33
Broccoli D.E. 60 tablets	Principia	15
Bromelain 500mg 60 tablets	Nutraceuticals	34
Bromelain 60 tablets	Nutraceuticals	34
Burdock D.E. 60 tablets	Principia	15

C		
Caigua D.E. 60 tablets	Principia	15
Calcium 60 tablets	Nutraceuticals	34
California poppy D.E. 60 tablets	Principia	16
California poppy Night 60 tablets	Formulas	44
CandiKos 60 capsules	Formulas	44
Capsicum D.E. 30 capsules	Principia	16
Carnitine 40 tablets	Nutraceuticals	34
Carrot 500mg 70 Gel capsules	Gel capsules	58
Casei 10 billion 24 capsules	Enzymes	62
Cat's claw D.E. 60 tablets	Principia	16
Chaga 60 capsules	Principia	31
Charcoal 80 tablets	Essential herbalist	55
Chlorella 90 tablets	Essential herbalist	55
Cholekos CM 60 tablets	Formulas	45
Cholekos Daily CM 30 capsules	Formulas	45
Chondroitin sulphate 60 tablets	Nutraceuticals	34
Chromium 60 tablets	Nutraceuticals	35
Cimicifuga D.E. 60 tablets	Principia	16
Cinnamon D.E. 60 tablets	Principia	16
Coconut oil 50 Gel capsules 1g	Gel capsules	58
Cod liver oil 60 Gel capsules	Gel capsules	58
Coenzyme Q10 30 capsules	Nutraceutical	35
Coenzyme Q10 strong 30 capsules	Nutraceutical	35
Coenzyme Q10 strong 60 capsules	Nutraceutical	35
Cordyceps 400mg 60 capsules	Principia	16
Cranberry D.E. 30 capsules	Principia	17
Creatine 100 tablets	Nutraceutical	35
Crinforte Her 60 tablets	Formulas	46
Crinforte Him 60 tablets	Formulas	46
Crystal Mannose 50g	Nutraceutical	38

Prodotto	Categoria	Page
D		
Damiana 60 tablets	Principia	17
Dandelion D.E. 60 tablets	Principia	17
Devil's claw D.E. 60 tablets	Principia	17
Dima-KOS 60 tablets	Formulas	46
Dioscorea D.E. 60 tablets	Principia	17
Diosmin 60 tablets	Nutraceuticals	35

E		
Echinacea D.E. 60 tablets	Principia	17
EGCG from green tea 30 capsules	Principia	18
Eleutherococcus D.E. 60 tablets	Principia	18
Energy Pills 100 chewable tablets	Formulas	45
Evening primrose oil 60 capsules 500mg	Gel capsules	58

F		
Fennel D.E. 60 tablets	Principia	18
Fenugreek 90 tablets 500mg	Essential herbalist	55
Fermented papaya 16 sachets	Essential herbalist	55
Fermented papaya 50g	Essential herbalist	55
Feverfew D.E. 60 tablets	Principia	18
Fish oil 60 Gel capsules 1g	Gel capsules	58
Fish oil Gel capsules 60%	Gel capsules	59
Flor 5 mix 30 capsules	Formulas	53
Folic acid 60 tablets	Nutraceuticals	36
Fucoxanthin 60 tablets	Principia	18
Fucus D.E. 60 tablets	Principia	18
Fungi Royal Mix 60 capsules	Formulas	19

G		
GABA 500mg 60 capsules	Nutraceuticals	36
Garcinia 1000mg 60 tablets	Principia	19
Garcinia D.E. 60 tablets	Principia	19
Garcinia Supreme 60 tablets	Principia	19
Garlic 120 Gel capsules	Gel capsules	59
Ginger D.E. 60 tablets	Principia	19
Ginkgo biloba D.E. 60 tablets	Principia	19
Ginseng D.E. 60 tablets	Principia	20
Glucomannan 90 capsules 500mg	Essential herbalist	56
Glucosamine 60 tablets	Nutraceuticals	36
Glutamine 100 tablets	Nutraceuticals	36
Glutathione 250mg 30 capsules	Nutraceuticals	36
Goji D.E. 60 tablets	Principia	20
Gotu Kola strong 30 capsules	Principia	20
Grapefruit seeds D.E. 60 tablets	Principia	20
Graviola D.E. 60 tablets	Principia	20
Green coffee D.E. 60 tablets	Principia	21
Green coffee Elixir 200 ml	Formulas	46
Green coffee Elixir 500 ml	Formulas	47
Green coffee Flat Belly 60 tablets	Formulas	47
Green coffee strong 75 tablets	Principia	20
Green coffee Termo 30 capsules	Formulas	47
Green tea D.E. 60 tablets	Principia	21
Griffonia 100mg 5-HTP 30 capsules	Principia	44
Griffonia D.E. 60 tablets	Principia	21
Guarana D.E. 60 tablets	Principia	21
Guggul D.E. 60 tablets	Principia	21
Gymnema D.E. 60 tablets	Principia	22

H-I-J		
Hawthorn D.E. 60 tablets	Principia	22
Hericium D.E. 60 capsules	Principia	22
Hesperide 60 tablets	Formulas	46
Horsetail 90 tablets 500mg	Principia	56
Hyaluronic acid 30 capsules	Nutraceuticals	36
Hyaluronic acid liquid 100ml	Nutraceuticals	36
Inflor 30 capsules	Formulas	47
Iron Strong 60 tablets	Formulas	47
Jiaogulan D.E. 60 tablets	Principia	22



ALPHABETICAL LIST OF PRODUCTS

Prodotto	Categoria	Page
K		
Kalonj 30 capsules	Formulas	48
Keep Calm 60 tablets	Formulas	48
Klamath 60 tablets 400mg	Principia	22
Koseno 360 capsules	Formulas	48
Koseno maintenance 90 capsules	Formulas	48
Krill oil 500mg 30 Gel capsules	Gel capsules	59
L		
Lactoferrin 200mg 30 capsules	Nutraceuticals	37
Lemon balm D.E. 60 tablets	Principia	22
LeptinKos 60 tablets	Formulas	48
Lutein 50mg 30 capsules	Principia	23
Lycopene 30 capsules	Principia	23
M		
Maca D.E. 60 tablets	Principia	23
Magnesium 60 tablets	Nutraceuticals	37
Magnesium Chloride 100g	Nutraceuticals	37
Magnolia D.E. 60 tablets	Principia	23
Maitake D.E. 60 capsules	Principia	23
Mannose 40 tablets 500mg	Nutraceuticals	37
Maqui D.E. 60 tablets	Principia	23
Marine Collagen 1g 60 tablets	Nutraceuticals	37
Marine Collagen powder 60g	Nutraceuticals	38
Micro C 60 tablets	Formulas	49
Milk thistle D.E. 60 tablets	Principia	24
Milk thistle strong 60 tablets	Principia	24
Millet D.E. 60 tablets	Principia	24
Monascus CM D.E. 60 tablets	Principia	24
Moringa 1g 60 tablets	Principia	24
MSM 60 tablets	Nutraceuticals	38
Muira Puama D.E. 60 tablets	Principia	24
N		
NAC (N-acetylcysteine) 30 capsules	Nutraceuticals	33
Naringin 60 tablets	Nutraceuticals	38
Nattokinase 2000FU 30 capsules	Nutraceuticals	41
Nettle D.E. 60 tablets	Principia	25
Nopal 60 tablets	Principia	25
Nigella 60 gel capsules	Nutraceuticals	59
O		
Oat betaglacans D.E. 60 tablets	Principia	25
Olive leaves D.E. 60 tablets	Principia	25
Omega 3-6-9 60 Gel capsules	Gel capsules	59
Ortosiphon D.E. 60 tablets	Principia	25
OsteoKOS 60 tablets	Formulas	49
P		
Papaya D.E. 60 tablets	Principia	25
Passion flower D.E. 60 tablets	Principia	26
Pau d'arco D.E. 60 tablets	Principia	26
PausaKos 60 tablets	Formulas	49
PausaNotte 60 tablets	Formulas	49
PausaSlim 60 tablets	Formulas	49
Pea 300mg 30 capsules	Nutraceuticals	38
Perilla D.E. 60 tablets	Principia	26
Pimpinella 60 tablets	Formulas 55	49
Pineapple 90 tablets 500mg	Essential herbalist	55
Plantarum 10 billion 24 capsules	Enzymes	62
Policosanols 20mg 60 capsules	Nutraceuticals	38
Polypodium D.E. 60 tablets	Principia	26
Potassium 60 tablets	Nutraceuticals	38
Propolis Pills 100 chewable tablets	Formulas	45
ProstaKos 60 tablets	Formulas	50
Pumpkin seed oil 60 Gel capsules 1g	Gel capsules	59
Pygeum D.E. 60 tablets	Principia	26
Q		
Quercetina 60 cpr	Nutraceutici	39

Prodotto	Categoria	Page
R		
Red beetroot D.E. 60 tablets	Principia	31
Red clover strong 60 tablets	Principia	26
Red corn D.E. 60 tablets	Principia	27
Red vine D.E. 60 tablets	Principia	27
Reishi 400mg 60 capsules	Principia	27
Resveratrol 98% 60 tablets	Principia	27
Reuteri 10 billion 24 capsules	Enzymes	62
Rhamnosus 10 billion 24 capsules	Enzymes	63
Rhodiola 1000mg 60 tablets	Principia	27
Rhodiola D.E. 60 tablets	Principia	27
Rosehip 70% 60 tablets	Principia	28
Royal MIX seaweeds 90 tablets	Formulas	50
S		
Saffron D.E. 30 capsules	Principia	28
Same 250mg 30 tablets	Nutraceuticals	39
Sativa 40 chewable tablets	Formulas	50
Saw palmetto D.E. 60 tablets	Formulas	28
Scudo Defend 60 tablets	Formulas	51
Scudo minerals 60 tablets	Formulas	51
Scudo vitamins 60 capsules	Principia	51
Senna D.E. 20% sennosides 60 tablets	Principia	28
Sgonfierbe 60 tablets	Formulas	52
Shitake 400mg 60 capsules	Principia	28
Skullcap D.E. 60 tablets	Principia	28
Somnium CM 60 tablets	Formulas	52
Somnium Drops 30 ml	Formulas	52
Soy isoflavones strong 30 capsules	Principia	29
Spices Royal Mix 30 capsules	Formulas	52
Spices Royal MIX 60 capsules	Formulas	52
Spirulina 200 tablets 500mg	Essential herbalist	56
Spirulina 90 tablets 500mg	Essential herbalist	56
St. John's Wort D.E. 60 tablets	Principia	29
Super Magnesium 200g	Nutraceuticals	39
T		
Termophilus 10 billion 24 capsules	Enzymes	63
Tetraflor 60 tablets	Formulas	53
Theanine 60 tablets	Principia	29
Theanine Drops 30 ml	Principia	29
Thermokal 90 tablets	Formulas	52
Turmeric + piperine 1g 30 tablets	Principia	29
Turmeric D.E. 30 capsules	Principia	29
Turmeric D.E. 60 capsules	Principia	30
Turmeric PLUS 60 capsules	Formulas	52
Tuttosole 51 capsules	Formulas	53
Tuttosole 52 capsules	Formulas	53
U		
Uva Ursi D.E. 60 tablets	Principia	30
V		
Valerian D.E. 60 tablets	Principia	30
Vasaka D.E. 60 tablets	Principia	30
Vegan Vitamin D3 60 tablets	Principia	30
Vitamin B1-B6-B12 60 tablets	Nutraceuticals	39
Vitamin B12 1000mcg 40 tablets	Nutraceuticals	39
Vitamin C 500 mg 75 tablets	Nutraceuticals	39
Vitamin C 75 chewable tablets	Nutraceuticals	40
Vitamin C crystals 60g	Nutraceuticals	40
Vitamin D 60 tablets	Nutraceuticals	40
Vitamin D liquid 20ml	Nutraceuticals	40
Vitamin E 60 tablets	Nutraceuticals	40
Vitamin K+D vegetal 30 capsules	Nutraceuticals	40
W-Z		
Wheat germ oil 70 Gel capsules	Gel capsules	60
Zinc 60 tablets	Nutraceuticals	41

PRODUCT LINES



PRINCIPIA

12

100+ single components of standardized dried extract that ensures their phytocomplex content



NUTRACEUTICALS

32

These are the future of nutritional supplements, their active ingredients are **purified natural components**



FORMULAS

42

Original plant-based blends for **specific (physiological) functions**



ESSENTIAL HERBALIST

54

Officinal plant pills prepared with **rigorously controlled powders**, the most essential form for plant use after teas



GEL CAPSULES

57

Soft capsules that protect their **oily substances** and enable their rapid absorption in the body



ENZYMES

61

Single component probiotics with high dosages made of **ten billion live cells** in gastroresistant capsules

Principia





Açai 60 tablets

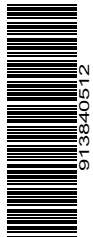
Main ingredients: Açai (*Euterpe oleracea* Mart.) fruit Dry Extract standardized to 10% total polyphenols.

Physiological effects of açai berry: antioxidant, lipid and carbohydrate metabolism.

Conditions of use: 2 tablets 2 times a day during meals.

€ 13,00

Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
Açai fruit D.E. corresponding to total polyphenols	300 mg	1200 mg
	30 mg	120 mg



Açai 1000 mg 60 tablets

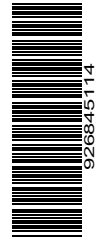
Main ingredients: Açai (*Euterpe oleracea* Mart.) fruit Dry Extract standardized to 10% total polyphenols.

Physiological effects of açai berry: antioxidant, lipid and carbohydrate metabolism.

Conditions of use: 1 tablet 2 to 3 times a day, during meals.

€ 21,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Açai fruit D.E. corresponding to total polyphenols	1000 mg	3000 mg
	100 mg	300 mg



Agaricus Blazei 60 capsules

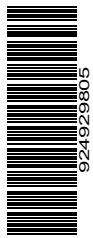
Main ingredients: Agaricus blazei (*Agaricus blazei* Murril) sporophore D.E. standardized to 40% polysaccharides (betaglucans); Vitamin C (ascorbic acid); Bamboo (*Bambusa bambos* [L.] Voss) young stems D.E. (70-75% organic silica).

Physiological effects of Agaricus Blazei: body's natural defenses, carbohydrate metabolism.

Conditions of use: 2 to 3 capsules a day during meals with plenty of water.

€ 19,80

Main ingredients content		
Ingredients	1 capsule	3 capsules
Agaricus blazei spor. D.E. corresponding to polysaccharides (betaglucans)	400 mg	1200 mg
Bamboo young stems D.E.	160 mg	480 mg
Vitamin C	5 mg	15 mg
	26,7 mg	80 mg 100% VNR



Amla 60 tablets

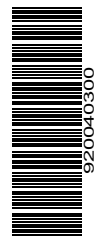
Main ingredients: Amla (*Phyllanthus emblica* L.) fruit Dry Extract standardized to 30% tannins.

Physiological effects of amla fruit: tonic-adaptogenic, body's natural defenses, antioxidant.

Conditions of use: 1 tablet 2 to 3 times a day, during meals.

€ 13,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Amla D.E. corresponding to tannins	300 mg	900 mg
	90 mg	270 mg



Aronia 60 tablets

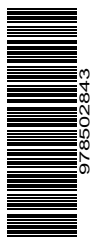
Main ingredients: Aronia (*Photinia melanocarpa* [Michx.] K.R. Robertson & J.B. Phipps syn. *Aronia melanocarpa* [Michaux.] S. Elliott) fruit Dry Extract standardized to 5% anthocyanins.

Physiological effects of aronia berry: support and restorative action, antioxidant.

Conditions of use: 2 to 3 tablets a day, before meals with a glass of water.

€ 15,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Aronia fruit D.E. corresp. to anthocyanins	350 mg	1050 mg
	17,5 mg	52,5 mg



Artichoke 60 tablets

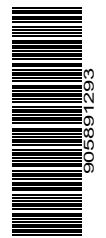
Main ingredients: Artichoke (*Cynara scolymus* L.) leaves Dry Extract standardized to 5% chlorogenic acid.

Physiological effects of artichoke leaves: digestive and hepatic function, purifying functions of the body.

Conditions of use: 1 tablet 2 times a day, before main meals.

€ 11,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Artichoke leaves D.E. corresponding to chlorogenic acid	300 mg	600 mg
	15 mg	30 mg





Ashwagandha 60 tablets

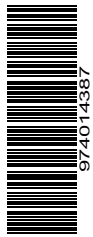
Main ingredients: Ashwagandha (*Withania somnifera* [L.] Dunal.) root Dry Extract standardized to 2,5% total withanolides and to 2% total alkaloids.

Physiological effects of ashwagandha root: tonic adaptogen (physical and mental fatigue), relaxation and mental well-being, body's natural defenses.

Conditions of use: 2 tablets a day, one in the morning and one in the evening, preferably during meals.

€ 13,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Ashwagandha root D.E. corresp to tot. withanolides total alkaloids	300 mg 7,5 mg 6 mg	600 mg 15 mg 12 mg



Astragalus 30 capsules

Main ingredients: Astragalus (*Astragalus membranaceus* Moench) root Dry Extract standardized to 70% polysaccharides.

Physiological effects of astragalus root: body's natural defenses, tonic-adaptogenic.

Condition of use: 1 capsule 3 times a day, before breakfast, lunch and dinner.

€ 15,00

Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
Astragalus root D.E. corresponding to polysaccharides	500 mg 350 mg	1500 mg 1050 mg



Aurantium 60 tablets

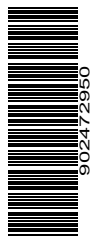
Main ingredients: bitter orange (*Citrus aurantium* var. *amara* L.) unripe fruit Dry Extract standardized to 6% synephrine (octopamine max. 1/8 of synephrine).

Physiological effects of bitter orange unripe fruit: body weight balance, metabolic stimulus and lipid metabolism.

Conditions of use: 1 tablet 3 times a day before meals.

€ 11,90

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Bitter orange unripe fruit D.E. corresponding to synephrine	165 mg 9,9 mg	495 mg 29,7 mg



Bacopa 60 tablets

Main ingredients: Bacopa (*Bacopa monnieri* [L.] Wettst.) aerial part Dry Extract standardized to 20% bacosides.

Physiological effects of bacopa aerial part: memory and cognitive functions, mental well-being.

Conditions of use: 1 to 3 tablets a day, preferably before meals with plenty of water.

€ 15,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Bacopa aerial part D.E. corresponding to bacosides	300 mg 60 mg	900 mg 180 mg



Bamboo 60 capsules

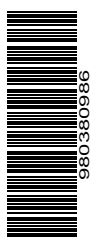
Main ingredients: Bamboo (*Bambusa arundinacea* [Retz.] Willd., synonyme *Bambusa bambos* [L.] Voss) young stems Dry Extract standardized to 70-75% organic silica.

Physiological effects of bamboo young stems: wellness of nails and hair.

Conditions of use: 1 capsule 2 to 3 times a day, during meals with plenty of water.

€ 13,00

Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
Bamboo young stems D.E. corresponding to organic silica	300 mg min. 210 mg	900 mg min. 630 mg



Berberine 60 tablets

Main ingredients: Indian barberry (*Berberis aristata* DC) bark of branches Dry Extract standardized to 85% berberine and Common barberry (*Berberis vulgaris* L.) root bark Dry Extract standardized to 98% berberine.

Physiological effects of Indian barberry root bark: regularity of cardiovascular function, hepatic function and digestive function.

Conditions of use: 1 tablet 2 times a day, during or immediately after meals.

€ 18,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Indian barberry bark of the branches D.E.	210 mg	420 mg
Common barberry root bark D.E. correspond. to berberine	76,5 mg 250 mg	153 mg 500 mg





Blueberry 60 tablets

Main ingredients: Blueberry (*Vaccinium myrtillus* L.) fruit Dry Extract standardized to 1% antocyanosides.

Physiological effects of blueberry fruit: eye health, functionality of the microcirculation (heavy legs), antioxidant.

Conditions of use: 1 to 2 tablets 2 to 3 times a day, before meals.

€ 11,00



902473281

Main ingredients content

Ingredients	1 tablet	6 tablets (daily dose)
Blueberry fruit D.E. corresponding to antocyanosides	300 mg 3 mg	1800 mg 18 mg



Blueberry strong 30 capsules

Main ingredients: Blueberry (*Vaccinium myrtillus* L.) fruit Dry Extract standardized to 1% antocyanosides.

Physiological effects of blueberry fruit: eye health, functionality of the microcirculation (heavy legs), antioxidant.

Conditions of use: 1 capsule 1 to 2 times a day, before meals.

€ 16,00



907106177

Main ingredients content

Ingredients	1 capsule	2 capsules (daily dose)
Blueberry fruit D.E. corresponding to antocyanosides	160 mg 40 mg	320 mg 80 mg



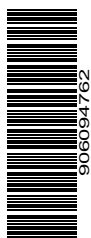
Boswellia 60 tablets

Main ingredients: Boswellia (*Boswellia serrata* Roxb. ex Colebr.) gum resin by bark Dry Extract standardized to 65% boswellic acids.

Physiological effects of boswellia gum resin: joint function, contrast states of localized tension.

Conditions of use: 1 tablet 3 times a day.

€ 11,90



906094762

Main ingredients content

Ingredients	1 tablet	3 tablets (daily dose)
Boswellia gum resin D.E. corresponding to boswellic acids	300 mg 195 mg	900 mg 585 mg



Broccoli 60 tablets

Main ingredients: Broccoli (*Brassica oleracea* L. var. *italica*) inflorescences Dry Extract standardized to 10% sulforaphane.

Physiological effects of broccoli inflorescences: antioxidant, purifying functions of the body.

Conditions of use: 1 to 2 tablets a day.

€ 14,00



974014351

Main ingredients content

Ingredients	1 tablet	2 tablets (daily dose)
Broccoli inflorescences D.E. corresponding to sulforaphane	300 mg 30 mg	600 mg 60 mg



Burdock 60 tablets

Main ingredients: Burdock (*Arctium lappa* L.) root Dry Extract standardized to 20% inulin.

Physiological effects of burdock root: purifying functions of the body (skin wellness), drainage of body fluids.

Conditions of use: 1 tablet 2 to 3 times a day.

€ 11,00



970148654

Main ingredients content

Ingredients	1 tablet	3 tablets (daily dose)
Burdock root D.E. correspond. to inulin	300 mg 60 mg	900 mg 180 mg



Caigua 60 tablets

Main ingredients: Caigua (*Cyclanthera pedata* [L.] Shrad.) seedless fruit Dry Extract standardized to 35% liposterolic fraction.

Physiological effects of caigua fruit: carbohydrate and cholesterol metabolism, regularity of blood pressure.

Conditions of use: 1 tablet 2 to 3 times a day, during meals.

€ 18,00



907029209

Main ingredients content

Ingredients	1 tablet	3 tablets (daily dose)
Caigua fruit D.E.	300 mg	900 mg



California poppy 60 tablets

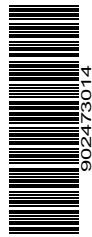
Main ingredients: California poppy (*Eschscholtzia californica* Cham.) herb Dry Extract standardized to 0,2% total alkaloids (such as protopine).

Physiological effects of california poppy herb: relaxation (sleep, in case of stress).

Conditions of use: 2 to 3 tablets a day, preferably in the evening.

€ 11,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
California poppy herb D.E. corresp. to total alkaloids (protopine)	300 mg 0,6 mg	900 mg 1,8 mg



Capsicum 30 capsules

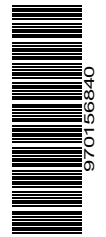
Main ingredients: Capsicum (*Capsicum frutescens* L.) fruit Dry Extract standardized to 2% capsaicin.

Physiological effects of capsicum fruit: regular function of the cardiovascular system, normal blood circulation, stimulation of the metabolism, digestive function, elimination of intestinal gas, antioxidant.

Conditions of use: 1 capsule 2 times a day, during meals.

€ 16,00

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Capsicum fruit D.E. corr. to capsaicin	100 mg 2 mg	200 mg 4 mg



Cat's claw 60 tablets

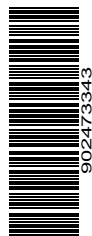
Main ingredients: Cat's claw (*Uncaria tomentosa* [Willd. ex Schult.] D.C.) bark Dry Extract standardized to 1,2% oxyndole alkaloids.

Physiological effects of cat's claw bark: body's natural defenses, joint functionality.

Conditions of use: 1 tablet 2 to 3 times a day.

€ 11,90

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Cat's claw bark D.E. corresponding to oxyndole alkaloids	350 mg 4,2 mg	1050 mg 12,6 mg



Cimicifuga 60 tablets

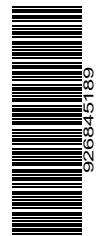
Main ingredients: Cimicifuga (*Actaea racemosa* L.) rhizome Dry Extract standardized to 2,5% triterpenic glycosides.

Physiological effects of cimicifuga rhizome: contrast of disorders of the menstrual cycle, contrast of disorders of menopause.

Conditions of use: 1 tablet 1 to 2 times a day preferably away from main meals.

€ 13,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Cimicifuga rhizome D.E. corresponding to triterpenic glycosides	80 mg 2 mg	160 mg 4 mg



Cinnamon 60 tablets

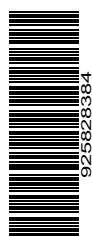
Main ingredients: Cinnamon (*Cinnamomum verum* J.Presl. syn. *zeylanicum* Blume) bark Dry Extract ratio Extract/Drug 1:4.

Physiological effects of cinnamon bark: carbohydrate metabolism, antioxidant.

Conditions of use: 1 tablet 2 times a day, during meals.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Cinnamon bark D.E..	300 mg	600 mg



Cordyceps 60 capsules

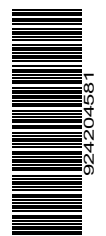
Main ingredients: Cordiyeeps (*Ophiocordyceps sinensis* [Berk.] G.H. Sung, J.M. Sung, Hyvel-Jpones & Spatafora syn. *Cordyceps sinensis* [Berk.] Sacc.) mycelium and sporophore standardized to 10% cordycepic acid, 0,2% adenosine, 30% polysaccharides.

Physiological effects of cordyceps mycelium and sporophore: tonic action and metabolic support, body's natural defenses, functionality of the upper respiratory tract.

Conditions of use: 2 to 3 capsules a day, during meals.

€ 16,00

Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
Cordyceps sinensis D.E. corresponding to cordycepic acid	400 mg 40 mg	1200 mg 120 mg
adenosine	0,8 mg	2,4 mg
polysaccharides	120 mg	360 mg





Cranberry 30 capsules

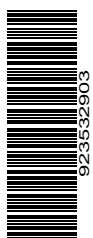
Main ingredients: Cranberry (*Vaccinium macrocarpon* Aiton) fruits (berries) Dry Extract standardized to 30% proanthocyanidins (PAC).

Physiological effects of cranberry fruit: functionality of the urinary tract and drainage of body fluids.

Conditions of use: 1 capsule in the morning and 1 in the evening with plenty of water.

€ 17,00

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Cranberry fruits D.E. corresponding to proanthocyanidins	120 mg 36 mg	240mg 72 mg



Damiana 60 tablets

Main ingredients: Damiana (*Turnera diffusa* Willd. ex Schult.) leaves Dry Extract ratio Extract/Drug 1:4.

Physiological effects of damiana leaves: tonic (physical and mental fatigue).

Conditions of use: 2 to 3 tablets a day, preferably away from meals.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Damiana leaves D.E.	400 mg	1200 mg



Dandelion 60 tablets

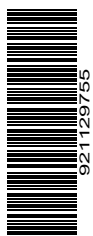
Main ingredients: Dandelion (*Taraxacum officinale* [L.] Weber ex F.H.Wigg. syn. *Taraxacum campyloides* G.E.Haglund) root Dry Extract standardized to 2% inulin.

Physiological effects of dandelion root: purifying functions of the body.

Conditions of use: 1 tablet 2 to 3 times a day.

€ 11,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Dandelion root D.E. corresponding to inulin	300 mg 6 mg	900 mg 18 mg



Devil's claw 60 tablets

Main ingredients: Devil's claw (*Harpagophytum procumbens* [Burch.] D.C.) root Dry Extract standardized to 2,5% iridoid glycosides.

Physiological effects of devil's claw root: joint function.

Conditions of use: 1 tablet 2 to 3 times a day before meals.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Devil's claw root D.E. corresponding to iridoid glycosides	300 mg 7,5 mg	900 mg 22,5 mg



Dioscorea 60 tablets

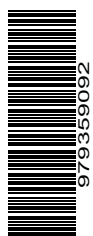
Main ingredients: Dioscorea (*Dioscorea oppositifolia* L. syn. *Dioscorea opposita* Thunb.) rhizome Dry Extract standardized to 16% diosgenin.

Physiological effects of dioscorea rhizome: contrast of menopause disorders, contrast of disorders of the menstrual cycle, joint functionality.

Conditions of use: 1 tablet 1 to 2 times a day, during meals with water.

€ 14,50

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Dioscorea rhizome D.E. corresp. to diosgenin	375 mg 60 mg	750 mg 120 mg



Echinacea 60 tablets

Main ingredients: Echinacea (*Echinacea purpurea* [L.] Moench) root Dry Extract standardized to 4% polyphenols.

Physiological effects of echinacea root: body's natural defenses, function of the upper respiratory tract.

Conditions of use: 1 tablet 2 times a day, during main meals.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Echinacea root D.E. corresponding to polyphenols	200 mg 8 mg	400 mg 16 mg





EGCG 30 capsules

Main ingredients: Green tea (*Camellia sinensis* [L.] Kuntze) leaves Dry Extract standardized to 65% EpiGalloCatechin Gallate = EGCG, 80% catechin, 98% polyphenols.

Physiological effects of green tea leaves: antioxidant, tonic (physical and mental fatigue).

Conditions of use: 1 capsule 2 times a day, after meals.

€ 16,00

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Green tea leaves corresponding to EGCG	231 mg 150 mg	462 mg 300 mg



Eleutherococcus 60 tablets

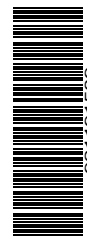
Main ingredients: Eleutherococcus (*Eleutherococcus senticosus* [Rupr. et Maxim.] Maxim) root Dry Extract standardized to 5% saponins.

Physiological effects of eleutherococcus root: tonic-adaptogen, memory and cognitive functions.

Conditions of use: 1 tablet 1 to 2 times a day.

€ 11,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Eleutherococcus root D.E. corresponding to saponins	300 mg 15 mg	600 mg 30 mg



Fennel 60 tablets

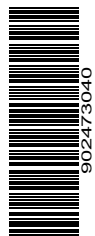
Main ingredients: Fennel (*Foeniculum vulgare* Mill.) fruit Dry Extract standardized to 1% essential oil.

Physiological effects of fennel fruit: regular gastrointestinal motility and elimination of gases.

Conditions of use: 1 to 2 tablets 2 times a day, after meals.

€ 9,80

Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
Fennel fruit D.E. corresponding to Essential oil	300 mg 3 mg	1200 mg 12 mg



Feverfew 60 tablets

Main ingredients: Feverfew (*Tanacetum parthenium* [L.] Sch.Bip.) flower heads Dry Extract standardized to 0,8% parthenolide.

Physiological effects of feverfew flower heads: contrast of localized states of tension, joint functionality.

Conditions of use: 1 tablet 2 times a day in case of occasional states of tension, in the morning and throughout the day; 1 tablet per day in case of recurring states of tension.

€ 11,90

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Feverfew flower heads D.E. corresponding to parthenolide	250 mg 2 mg	500 mg 4 mg



Fucoxanthin 60 tablets

Main ingredients: Wakame seaweed (*Undaria pinnatifida* [Harvey] Suringar) thallus Dry Extract standardized to 10% fucoxanthin (iodine content less than 1 ppm).

Physiological effects of wakame seaweed thallus: balance of body weight.

Conditions of use: 1 tablet 2 to 3 times a day during meals.

€ 18,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Wakame seaweed thallus D.E. corresp. to fucoxanthin	50 mg 5 mg	150 mg 15 mg



Fucus 60 tablets

Main ingredients: Fucus (*Fucus vesiculosus* L.) thallus Dry Extract standardized to 0,1% iodine.

Physiological effects of fucus thallus: balance of body weight, stimulation of the metabolism.

Conditions of use: 1 tablet 1 to 2 times a day, before meals.

€ 10,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Fucus thallus D.E. corresponding to iodine	112,5 mg 112,5 mcg	225 mg 225 mcg 150% VNR





Fungi Royal Mix 60 capsules

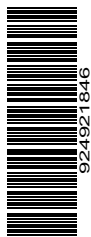
Main ingredients: Cordyceps (*Ophiocordyceps sinensis* [Berk.] G.H. Sung, J.M. Sung, Hywel-Jones & Spatafora syn. *Cordyceps sinensis* [Berk.] Sacc.) micelium and sporophore D.E. standardized to 10% cordycepic acid, 0,2% di adenosine, 7% di polysaccharides; Reishi (*Ganoderma lucidum* [Curtis] P.Karst.) sporophore D.E. standardized to 30% polysaccharides; Maitake (*Grifola frondosa* [Dicks.] Gray) sporophore D.E. standardized to 30% polysaccharides; Agaricus blazei (*Agaricus blazei* Murril) sporophore D.E. standardized to 40% polysaccharides.

Physiological effects of cordyceps, reishi, maitake and agaricus blazei: body's natural defenses.

Conditions of use: 2 to 3 capsules a day, during meals with plenty of water.

€ 19,60

Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
Cordyceps sinensis D.E.	100mg	300mg
Ganoderma lucidum D.E.	100mg	300mg
Grifola frondosa D.E.	100mg	300mg
Agaricus blazei D.E.	100mg	300mg



Garcinia 1000mg 60 tablets

Main ingredients: Garcinia (*Garcinia cambogia* (Gaertn.) Desr. synonymous *Garcinia gummi-gutta* (L.) Roxb.) fruit rind Dry Extract standardized to 60% hydroxycitric acid (HCA) as calcium salt.

Conditions of use: 1 tablet 2 to 3 times a day, half an hour before meals.

€ 19,50

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Garcinia fruit rind D.E. corresponding to hydroxycitric acid	1000 mg 600 mg	3000 mg 1800 mg



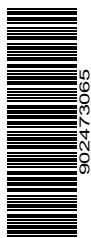
Garcinia 60 tablets

Main ingredients: Garcinia (*Garcinia cambogia* (Gaertn.) Desr. synonymous *Garcinia gummi-gutta* (L.) Roxb.) fruit rind Dry Extract standardized to 60% hydroxycitric acid (HCA) as calcium salt.

Conditions of use: 2 tablets 2 times a day, half an hour before meals.

€ 11,90

Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
Garcinia fruit rind D.E. corresponding to hydroxycitric acid	300 mg 180 mg	1200 mg 720 mg



Garcinia Suprema 1500mg 60 compresse

Main ingredients: Garcinia (*Garcinia cambogia* (Gaertn.) Desr. synonymous *Garcinia gummi-gutta* (L.) Roxb.) fruit rind Dry Extract standardized to 60% hydroxycitric acid (HCA) as calcium salt.

Conditions of use: 1 tablet 2 times a day, half an hour before meals.

€ 24,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Garcinia fruit rind D.E. corresponding to hydroxycitric acid	1500 mg 900 mg	3000 mg 1800 mg



Ginger 60 tablets

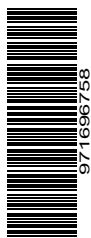
Main ingredients: Ginger (*Zingiber officinale* Rosc.) rhizome Dry Extract standardized to 5% total gingerols.

Physiological effects of ginger rhizome: anti-nausea, contrast of localized states of tension, normal blood circulation.

Conditions of use: 1 tablet 2 to 3 times a day, before meals.

€ 12,90

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Ginger rhizome D.E. corresp. to total gingerols	333,34 mg 16,66 mg	1000 mg 50 mg



Ginkgo Biloba 60 tablets

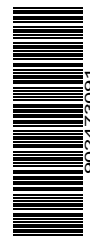
Main ingredients: Ginkgo (*Ginkgo biloba* L.) leaves Dry Extract standardized to 12% di ginkgoflavoneglycosides and to 1-5% terpene lactones, max. 2,5 ppm ginkgolic acids.

Physiological effects of ginkgo leaves: memory and cognitive functions, normal blood circulation, functionality of microcirculation.

Conditions of use: 1 tablet 2 to 3 times a day.

€ 11,90

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Ginkgo leaves D.E. corresponding to ginkgoflavoneglycosides	160 mg 19,2 mg	480 mg 57,6 mg
terpene lactones (ginkgolides A,B,C + bilobalides)	1,6-8 mg	4,8-24 mg





Ginseng 60 tablets

Main ingredients: Ginseng (*Panax ginseng* C.A. Meyer) root Dry Extract standardized to 12% di ginsenosides.

Physiological effects of ginseng root: tonic adaptogen (physical and mental fatigue), carbohydrate metabolism, antioxidant.

Conditions of use: 1 to 2 tablets at breakfast and, if necessary, 1 at lunch.

€ 14,90

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Ginseng root D.E. corresponding to ginsenosides	300 mg 36 mg	900 mg 108 mg



Goji 60 tablets

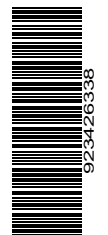
Main ingredients: Goji (*Lycium barbarum* L.) fruit Dry Extract standardized to 40% polysaccharides.

Physiological effects of goji fruit: antioxidant.

Conditions of use: 1 tablet 2 times a day (morning and evening) with water, better on an empty stomach.

€ 13,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Goji fruit D.E. corresponding to polysaccharides	350 mg 140 mg	700 mg 280 mg



Gotu Kola strong 30 capsules

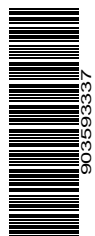
Main ingredients: Gotu kola (*Centella [Hydrocotyle] asiatica* [L.] Urb.) herb Dry Extract standardized to 20% total triterpene derivatives treated as asiaticoside.

Physiological effects of gotu kola herb: function of microcirculation (heavy legs).

Conditions of use: 1 capsule 1 to 2 times a day, preferably during meals.

€ 10,00

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Gotu kola herb D.E. corresponding to total triterpene derivatives	100 mg 20 mg	200 mg 40 mg



Grapefruit seed 60 tablets

Main ingredients: Grapefruit (*Citrus paradisi* Macfad.) seed Dry Extract standardized to 50% bioflavonoids.

Physiological effects of grapefruit seed: antioxidant.

Conditions of use: 1 to 2 tablets, 2 to 3 times a day.

€ 12,90

Main ingredients content		
Ingredients	1 tablet	6 tablets (daily dose)
Grapefruit seed D.E. corresp. to bioflavonoids	50 mg 25 mg	300 mg 150 mg



Graviola 60 tablets

Main ingredients: Graviola (*Annona muricata* L.) fruit Dry Extract ratio Extract/Drug 1:10.

Conditions of use: 1 to 2 tablets, 2 times a day.

€ 17,00

Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
Graviola fruit D.E.	300 mg	1200 mg



Green coffee + strong 75 tablets

Main ingredients: Green coffee (*Coffea arabica* L.) seeds Dry Extract standardized to 50% chlorogenic acid and to 3% caffeine.

Physiological effects of green coffee seeds: tonic and metabolic support action.

Conditions of use: 1 tablet 2 times a day, before meals.

€ 29,50

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Green coffee seeds D.E. corresp. to chlorogenic ac. to caffeine	600 mg 300 mg 18 mg	1200 mg 600 mg 36 mg





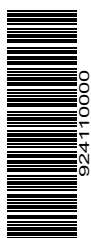
Green coffee 60 tablets

Main ingredients: Green coffee (*Coffea arabica* L.) seeds Dry Extract standardized to 50% chlorogenic acid and to 3% caffeine.

Physiological effects of green coffee seeds: tonic and metabolic support action.

Conditions of use: 1 tablet 2 to 3 times a day, before meals, possibly avoiding evening administration.

€ 19,00



Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Green coffee seeds D.E. corresp. to chlorogenic ac. to caffeine	300 mg 150 mg 9 mg	900 mg 450 mg 27 mg



Green tea 60 tablets

Main ingredients: Green tea (*Camellia sinensis* [L.] Kuntze) leaves Dry Extract standardized to 80% polyphenols (of which 60% catechins) and to 10% caffeine.

Physiological effects of green tea leaves: antioxidant, body weight balance, drainage of body fluids.

Conditions of use: 3 to 5 tablets a day.

€ 12,90



Main ingredients content		
Ingredients	1 tablet	5 tablets (daily dose)
Green tea corresp. to polyphenols	300 mg 240 mg	1500 mg 1200 mg
catechins	180 mg	900 mg
caffeine	30 mg	150 mg



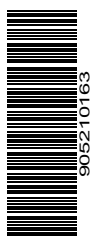
Griffonia 60 tablets

Main ingredients: Griffonia (*Griffonia simplicifolia* [DC] Baill.) seeds Dry Extract standardized to 10% di 5-hydroxytryptophan.

Physiological effects of griffonia seeds: normal mood, appetite control.

Conditions of use: 3 tablets per day, between meals.

€ 14,00



Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Griffonia seeds D.E. corresponding to 5-hydroxytryptophan	300 mg 30 mg	900 mg 90 mg



Griffonia 100 mg 5-HTP 30 capsules

Main ingredients: Griffonia (*Griffonia simplicifolia* [DC] Baill.) seeds Dry Extract standardized to 25% 5-hydroxytryptophan.

Physiological effects of griffonia seeds: normal mood, appetite control.

Conditions of use: 1 to 2 capsules per day, during main meals.

€ 13,00



Main ingredients content	
Ingredients	2 capsules (daily dose)
Griffonia seeds D.E. corresponding to 5-hydroxytryptophan	800 mg 200 mg



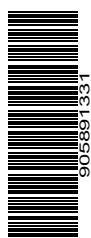
Guarana 60 tablets

Main ingredients: Guarana (*Paullinia cupana* Kunth) seeds Dry Extract standardized to 8% caffeine.

Physiological effects of guarana seeds: tonic (physical and mental fatigue), stimulations of metabolism.

Conditions of use: 1 tablet 2 to 3 times a day, preferably on an empty stomach, avoiding the evening meal.

€ 11,00



Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Guarana seeds D.E. corresponding to caffeine	300 mg 24 mg	900 mg 72 mg



Guggul 60 tablets

Main ingredients: Guggul (*Commiphora mukul* [Hook. ex Stoks] Engl.) gum resin of the trunk Dry Extract standardized to 2,5% guggulipids.

Physiological effects of guggul gum resin: lipid metabolism.

Conditions of use: 1 tablet 3 times a day.

€ 9,80



Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Guggul gum resin of the trunk D.E. corresponding to guggulipids	300 mg 7,5 mg	900 mg 22,5 mg



Gymnema 60 tablets

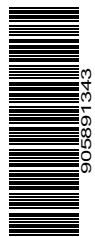
Main ingredients: Gymnema (*Gymnema sylvestre* [Retz] R.Br., syn. *Marsdenia sylvestris* [Retz.] P.I.Forst.) leaves Dry Extract standardized to 25% gymnemic acids.

Physiological effects of gymnema leaves: carbohydrate and lipid metabolism, appetite control.

Conditions of use: 1 tablet 2 times a day, 15 minutes before main meals.

€ 11,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Gymnema leaves D.E. corresponding to gymnemic acids	300 mg 75 mg	600 mg 150 mg



Hawthorn 60 tablets

Main ingredients: Hawthorn (*Crataegus monogyna* Jacq., *C. laevigata* [Poir.] DC. [syn. *C. oxyacantha* Auct.]) flowers and leaves Dry Extract standardized to 1% total flavonoids.

Physiological effects of hawthorn flowers and leaves: regularity of blood pressure, regular function of the cardiovascular system, relaxation and mental well-being.

Conditions of use: 1 tablet 2 to 3 times a day, before meals.

€ 11,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Hawthorn flowers and leaves D.E. corresponding to total flavonoids	300 mg 3 mg	900 mg 9 mg



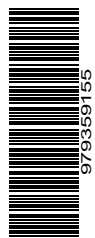
Hericium 60 capsules

Main ingredients: Hericium (*Hericium erinaceus* [Bull.] Persoon) sporophore D.E. standardized to 30% polysaccharides; Bamboo (*Bambusa bambos* [L.] Voss) young stems Dry Extract (70-75% organic silica).

Conditions of use: 2 capsules per day, during meals with plenty of water.

€ 24,00

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Hericium sporophore D.E. corresp. to polysaccharides Bamboo young stems D.E.	400 mg 120 mg 5 mg	800 mg 240 mg 10 mg



Jiaogulan 60 tablets

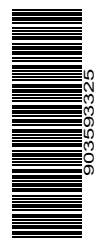
Main ingredients: Jiaogulan (*Gynostemma pentaphyllum* [Thunb.] Makino) herb Dry Extract standardized to 80% gypenosides.

Physiological effects of jiaogulan herb: regular function of the cardiovascular system, carbohydrate and lipid metabolism, function of the upper respiratory tract.

Conditions of use: 1 tablet 1 to 3 times a day, preferably in the early morning and at lunchtime.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Jiaogulan herb D.E. corresp. to gypenosides.	150 mg 120 mg	450 mg 360 mg



Klamath 60 tablets

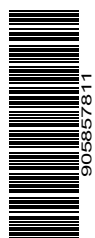
Main ingredients: Microalgae Klamath (*Aphanizomenon flos-aquae* [AFA] Ralfs ex Born. et Flah.) standardized to 0,6% di phenethylamine.

Physiological effects of klamath microalgae: normal mood.

Conditions of use: 1 tablet in the morning and 1 tablet in the afternoon.

€ 26,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Microalgae Klamath	400 mg	800 mg



Lemon balm 60 tablets

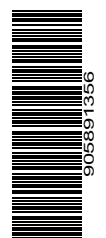
Main ingredients: Lemon balm (*Melissa officinalis* L.) leaves Dry Extract standardized to 12% acid rosmarinic.

Physiological effects of lemon balm leaves: regular gastrointestinal motility and elimination of gases, normal mood.

Conditions of use: 1 tablet 2 times a day.

€ 13,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Lemon balm leaves D.E. corresponding to rosmarinic acid	200 mg 24 mg	400 mg 48 mg





Lutein 30 capsules

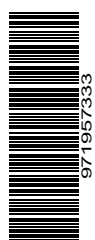
Main ingredients: Tagetes (*Tagetes erecta* L.) flower heads Dry Extract standardized to 20% lutein.

Physiological effects of tagetes flower heads: eye health, antioxidant.

Conditions of use: 1 capsule 1 to 2 times a day, during main meals.

€ 15,00

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Tagetes erecta flower heads D.E. corresponding to lutein	250 mg 50 mg	500 mg 100 mg



Lycopene 30 capsules

Main ingredients: Tomato (*Solanum lycopersicum* L.) fruit Dry Extract standardized to 10% lycopene.

Physiological effects of lycopene fruit: functionality of the prostate, antioxidant.

Conditions of use: 1 capsule per day during or after the main meal.

€ 16,00

Main ingredients content	
Ingredients	1 capsule (daily dose)
Tomato fruit D.E: corresponding to lycopene	150 mg 15 mg



Maca 60 tablets

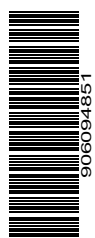
Main ingredients: Maca (*Lepidium meyenii* Walp.) tuberous root Dry Extract ratio Extract/Drug 1:4-1:5.

Physiological effects of maca tuberous root: tonic-adaptogen (physical and mental fatigue), toning and metabolic support action.

Conditions of use: 1 to 2 tablets 3 times per day.

€ 11,90

Main ingredients content		
Ingredients	1 tablet	6 tablets (daily dose)
Maca tuberous root D.E.	150 mg	900 mg



Magnolia 60 tablets

Main ingredients: Magnolia (*Magnolia officinalis* Rehder e Wilson) bark Dry Extract standardized to 2% honokiol.

Conditions of use: 1 tablet 3 times a day, away from meals.

€ 11,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Magnolia bark D.E. corresponding to honokiol	200 mg 4 mg	600 mg 12 mg



Maitake 60 capsules

Main ingredients: Maitake (*Grifola frondosa* [Dicks] Gray) sporophore D.E. standardized to 30% polysaccharides; Bamboo (*Bambusa bambos* [L.] Voss) young stems Dry Extract standardized to 70-75% organic silica.

Physiological effects of maitake: body's natural defenses.

Conditions of use: 2 to 3 capsules per day during meals with plenty of water.

€ 19,50

Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
Maitake sporophore D.E. corresponding to polysaccharides	400 mg	1200 mg
Bamboo young stem D.E.	120 mg 5 mg	360 mg 5 mg



Maqui 60 tablets

Main ingredients: Maqui (*Aristotelia chilensis* [Molina] Stuntz.) fruit Dry Extract ratio Extract/Drug 1:10.

Physiological effects of maqui fruit: antioxidant.

Conditions of use: 1 to 2 tablets 2 times a day before meals, with a glass of water.

€ 18,00

Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
Maqui fruit D.E.	300 mg	1200 mg





Milk thistle 60 tablets

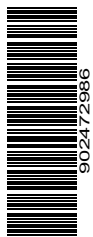
Main ingredients: Milk thistle (*Silybum marianum* [L.] Gaertn.) fruit Dry Extract standardized to 80% silymarin.

Physiological effects of milk thistle fruit: digestive and hepatic function, purifying functions of the body.

Conditions of use: 1 to 2 tablets 3 times a day, after meals.

€ 10,00

Main ingredients content		
Ingredients	1 tablet	6 tablets (daily dose)
Milk thistle fruit D.E. corresponding to silymarin	44 mg 35 mg	264 mg 210 mg



Milk thistle strong 60 tablets

Main ingredients: Milk thistle (*Silybum marianum* [L.] Gaertn.) fruit Dry Extract standardized to 80% silymarin, to 30% silybin and isosilybin.

Physiological effects of milk thistle fruit: digestive and hepatic function, purifying functions of the body.

Conditions of use: 1 tablet 1 to 2 times a day, after meals.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Milk thistle fruit D.E. corresp. to silymarin silybin e isosilybin	200 mg 160 mg 60 mg	400 mg 320 mg 120 mg



Millet 60 tablets

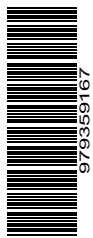
Main ingredients: Millet (*Panicum millaceum* L.) fruit Dry Extract ratio Extract/Drug 1:4.

Physiological effects of millet fruit: hair and nails health, supporting and tonic action.

Conditions of use: 1 tablet 2 to 3 times a day before meals.

€ 13,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Millet fruit D.E.	300 mg	900 mg



Monascus CM 60 tablets

Main ingredients: Red yeast rice (*Monascus purpureus* Went) microfungi Dry Extract standardized to 1,5% monacolins.

Conditions of use: 1 tablet a day, after breakfast.

€ 13,50

Main ingredients content	
Ingredients	1 tablet (daily dose)
Red yeast rice microfungi D.E. corresp. to monacolins	197 mg 2,95 mg



Moringa 60 tablets

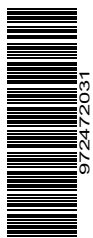
Main ingredients: Moringa (*Moringa oleifera* Lam.) seeds D.E. ratio Extract/Drug 1:10.

Physiological effects of moringa: body weight balance, lipid metabolism, normal blood circulation.

Conditions of use: 1 tablet 1 to 2 times a day, during meals with plenty of water.

€ 24,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Moringa seeds D.E.	1000 mg	2000 mg



Muira puama 60 tablets

Main ingredients: Muira puama (*Ptychopetalum olacoides* Benth.) root bark Dry Extract ratio Extract/Drug 1:4.

Physiological effects of muira puama root bark: tonic (physical and mental fatigue).

Conditions of use: 1 tablet 2 to 3 times a day.

€ 10,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Muira puama root bark D.E.	300 mg	900 mg





Nettle 60 tablets

Main ingredients: Nettle (*Urtica urens* L.) root Dry Extract standardized to 0,4% beta-sistosterols.

Physiological effects of nettle root: prostate function.

Conditions of use: 1 to 2 tablets 2 times a day, during meals.

€ 11,00

Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
Nettle root D.E. corresponding to beta-sistosterols	300 mg 1,2 mg	1200 mg 4,8 mg



Nopal 60 tablets

Main ingredients: Nopal (*Opuntia ficus-indica* [L.] Mill.) pulp of cladodes Dry Extract standardized to 50% polysaccharide fraction.

Physiological effects of nopal cladodes: body weight balance and nutrient absorption modulation..

Conditions of use: 2 tablets 2 to 3 times a day 15 minutes before meals.

€ 9,80

Main ingredients content		
Ingredients	1 tablet	6 tablets (daily dose)
Nopal pulp of cladodes D.E. corresponding to polysaccharide fraction	400 mg 200 mg	2400 mg 1200 mg



Oat betaglucans 60 tablets

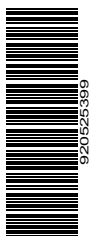
Main ingredients: Oat (*Avena sativa* L.) fruit Dry Extract standardized to 55% betaglucans.

Physiological effects of oat fruit: relaxation (in case of stress), mental well-being.

Conditions of use: 1 tablet 2 to 3 times a day before meals.

€ 15,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Oat fruit D.E. corresp. to betaglucans	300 mg 165 mg	900 mg 495 mg



Olive leaves 60 tablets

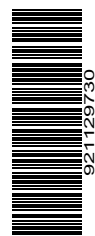
Main ingredients: Olive (*Olea europaea* L.) leaves Dry Extract standardized to 6% oleuropein.

Physiological effects of olive leaves: regularity of blood pressure, normal blood circulation, carbohydrate and lipid metabolism, antioxidant.

Conditions of use: 1 tablet 2 to 3 times a day.

€ 10,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Olive leaves D.E. corresponding to oleuropein	300 mg 18 mg	900 mg 54 mg



Ortosiphon 60 tablets

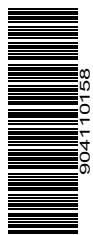
Main ingredients: Ortosiphon (*Orthosiphon aristatus* [Blume] Miq. sin. *Orthosiphon stamineus* Benth.) leaves Dry Extract standardized to 0,75% rosmarinic acid.

Physiological effects of ortosiphon leaves: drainage of body fluids, functionality of the urinary tract.

Conditions of use: 2 to 3 tablets a day, away from meals with plenty of water.

€ 9,80

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Ortosiphon leaves D.E. corresponding to sinensetin	300 mg 0,3 mg	900 mg 0,9 mg



Papaya 60 tablets

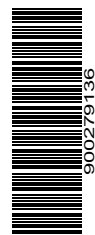
Main ingredients: Papaya (*Carica papaya* L.) fruit Dry Extract standardized to 20% papain.

Physiological effects of papaya fruit: digestive function.

Conditions of use: 1 tablet 3 times a day, during meals.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Papaya fruit D.E. corresponding to papain	300 mg 60 mg	900 mg 180 mg





Passion flower 60 tablets

Main ingredients: Passion flower (*Passiflora incarnata* L.) aerial parts Dry Extract (4% flavonoids).

Physiological effects of passion flower aerial parts: relaxation (sleep, in case of stress).

Conditions of use: 1 tablet 2 to 3 times a day.

€ 12,00



Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Passion flower aerial parts corresponding to flavonoids	300 mg 12 mg	900 mg 36 mg



Pau d'arco 60 tablets

Main ingredients: Pau d'arco (*Handroanthus impetiginosus* [Mart. ex DC] Mattos syn. *Tabebuia avellanedae* [Lorez ex Griseb] bark Dry Extract standardized to 3% naphthoquinones.

Physiological effects of pau d'arco bark: body's natural defenses, function of the upper respiratory tract, regular functionality of the cardiovascular system and regularity of blood pressure.

Conditions of use: 1 tablet 2 to 3 times a day, before meals.

€ 16,00



Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Pau d'arco bark D.E. corresponding to naphthoquinones	300 mg 9 mg	900 mg 27 mg



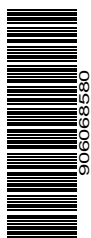
Perilla 60 tablets

Main ingredients: Perilla (*Perilla frutescens* [L.] Britton) leaves Dry Extract standardized to 2,5% total polyphenols.

Physiological effects of perilla leaves: body's natural defenses balance.

Conditions of use: 1 tablet 3 to 4 times a day during meals.

€ 12,90



Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
Perilla leaves D.E. corresponding to total polyphenols	50 mg 1,25 mg	200 mg 5 mg



Polypodium 60 tablets

Main ingredients: Polypodium (*Polypodium leucotomos* Poir. synonyme *Phlebodium aureum* [L.] J. SM.) tops Dry Extract standardized to 5% flavones.

Physiological effects of polypodium tops: trophism and functionality of the skin, antioxidant.

Conditions of use: 1 tablet 2 to 3 times a day, after meals.

€ 15,00



Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Polypodium tops D.E. corresponding to flavones	300 mg 15 mg	900 mg 45 mg

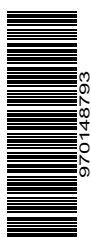


Pygeum 60 tablets

Main ingredients: Pygeum (*Prunus africana* [Hook.f.] Kalkman syn. *Pygeum africanum* Hook.f.) bark Dry Extract standardized to 10% phytosterols.

Conditions of use: 1 tablet 2 times a day, during meals.

€ 12,00



Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Pygeum bark D.E. corresp. to phytosterols	100 mg 10 mg	200 mg 20 mg



Red clover strong 60 tablets

Main ingredients: Red clover (*Trifolium pratense* L.) flowers and leaves Dry Extract standardized to 20% total isoflavones.

Physiological effects of red clover flowers and leaves: contrast of menopause disorders, physiological skin function.

Conditions of use: 1 to 2 tablets a day.

€ 18,00



Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Red clover flowers/leaves D.E. corresp. to total isoflavones	200 mg 40 mg	400 mg 80 mg



Red corn 60 tablets

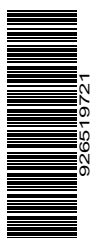
Main ingredients: Red corn (*Zea mays* L.) fruit Dry Extract ratio Extract/Drug 1:4.

Physiological effects of red corn fruit: drainage of body fluids and functionality of the urinary tract.

Conditions of use: 1 tablet 2 to 3 times a day, during meals.

€ 15,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Red corn fruit D.E.	300 mg	900 mg



Red vine 60 tablets

Main ingredients: Red vine (*Vitis vinifera* L.) leaves Dry Extract standardized to 5% total polyphenols.

Physiological effects of red vine leaves: functionality of microcirculation (heavy legs), antioxidant.

Conditions of use: 1 to 2 tablets a day, morning and afternoon, away from meals with a glass of water.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Red vine leaves D.E. corresp. to total polyphenols	300 mg 15 mg	600 mg 30 mg



Reishi 60 capsules

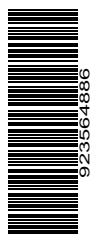
Main ingredients: Reishi (*Ganoderma lucidum* [Curtis] P.Karst) sporophore D.E. standardized to 30% polysaccharides; Bamboo (*Bambusa bambos* [L.] Voss) young stems Dry Extract (70-75% organic silica).

Physiological effects of reishi: body's natural defenses.

Conditions of use: 2 to 3 capsules a day, during meals with plenty of water.

€ 21,00

Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
Reishi sporophore D.E. corresponding to polysaccharides	400 mg 120 mg	1200 mg 240 mg
Bamboo young stems D.E.	5 mg	15 mg



Resveratrol 98% 60 tablets

Main ingredients: Japanese knotweed (*Polygonum cuspidatum* Siebold & Zucc. syn. *Fallopia japonica* (Houtt.) Ronse Dec) root Dry Extract standardized to 98% resveratrol.

Physiological effects of Japanese knotweed root: antioxidant, regular function of cardiovascular system, tonic (physical and mental fatigue), purifying functions of the body, drainage of body fluids, fluidity of bronchial secretions.

Conditions of use: 1 tablet 1 to 2 times a day, with water, preferably during meals.

€ 21,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Jap. knotweed root D.E. corresponding to Resveratrol	102,2 mg 100 mg	204,4 mg 200 mg



Rhodiola 1000 mg 60 tablets

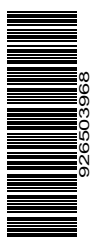
Main ingredients: Rhodiola (*Rhodiola rosea* L., syn. *Sedum roseum* [L.] Scop.) root Dry Extract standardized to 1% and to 3% salidroside.

Physiological effects of rhodiola root: tonic-adaptogen (physical and mental fatigue), normal mood.

Conditions of use: 1 tablet 2 times a day.

€ 19,50

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Rhodiola root D.E..1% salidroside	600mg	120mg
Rhodiola root D.E. 3% salidroside	400mg	800mg
corresponding to salidroside	18mg	36mg



Rhodiola 60 tablets

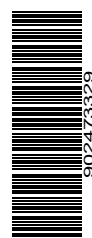
Main ingredients: Rhodiola (*Rhodiola rosea* L., syn. *Sedum roseum* [L.] Scop.) root Dry Extract standardized to 3% salidroside.

Physiological effects of rhodiola root: tonic-adaptogen (physical and mental fatigue), normal mood.

Conditions of use: 2 tablets 2 times a day.

€ 16,00

Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
Rhodiola root D.E corresponding to salidroside	300 mg 9 mg	1200 mg 36 mg





Rosehip 60 tablets

Main ingredients: Rosehip (*Rosa canina* L.) false fruits Dry Extract standardized to 70% vitamin C.

Physiological effects of rosehip false fruits: support and restorative action, antioxidant.

Indications: vitamin C contributes to the normal function of the immune system, to the normal formation of collagen for the normal function of blood vessels and gums, to protect cells from the oxidative stress.

Conditions of use: 1 to 3 tablets a day, to swallow or to melt in the mouth, during meals.

€ 13,00



Main ingredients content			
Ingredients	1 tablet	3 tablets (daily dose)	VNR
Rosehip D.E. corresponding to vitamin C	476 mg 333 mg	1428 mg 1000 mg	1250%



Saffron 30 capsules

Main ingredients: Saffron (*Crocus sativus* L.) stigmas Dry Extract standardized to 2% safranal and to 2% crocin.

Physiological effects of saffron stigmas: normal mood, contrast of menstrual cycle disorders.

Conditions of use: 1 capsule in the morning.

€ 22,00



Main ingredients content	
Ingredients	1 capsule (daily dose)
Saffron stigmas D.E. corresponding to safranal crocin	30 mg 0,6 mg 0,6 mg



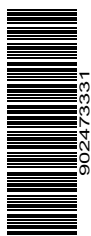
Saw Palmetto 60 tablets

Main ingredients: Saw Palmetto (*Serenoa repens* [W.Batram] Small) fruit Dry Extract standardized to 30% free fatty acids.

Physiological effects of saw palmetto fruit: functioning of prostate, drainage of body fluids and functionality of the urinary tract.

Conditions of use: 1 to 2 tablets 2 times a day, after meals.

€ 11,90



Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
Saw Palmetto fruit D.E. corresponding to free fatty acids	160 mg 48 mg	640 mg 192 mg



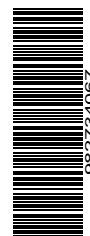
Senna 60 tablets

Main ingredients: senna (*Senna alexandrina* Mill., syn. *Cassia angustifolia* M. Vahl.) leaves Dry Extract standardized to 20% sennosides; carrageen (*Chondrus crispus* Stackhouse) thallus D.E.; chamomile (*Matricaria chamomilla* L.) flowers Dry Extract standardized to 0,3% apigenin.

Physiological effects: senna leaves and carrageen thallus - regularity of intestinal transit; chamomile flowers - emollient and soothing action (digestive system).

Conditions of use: 1 to 2 tablets a day, after dinner.

€ 13,00



Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Senna leaves D.E. correspon. to sennosides Carrageen thallus D.E. Chamomile flowers D.E. corresp. to apigenin	60 mg 12 mg 35 mg 25 mg 0,075 mg	120 mg 24 mg 70 mg 50 mg 0,150 mg



Shiitake 60 capsules

Main ingredients: Shiitake (*Lentinula edodes* [Berk.] Pegler) sporophore D.E. standardized to 30% polysaccharides.

Physiological effects of shiitake: body's natural defenses.

Conditions of use: 2 to 3 capsules a day during meals with plenty of water.

€ 19,00



Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
Shiitake sporophore D.E. corresponding to polysaccharides	400 mg 120 mg	1200 mg 360 mg



Skullcap 60 tablets

Main ingredients: Skullcap (*Scutellaria baicalensis* Georgi) root Dry Extract standardized to 30% baicalin.

Physiological effects of skullcap root: body's natural defenses; joint functionality.

Conditions of use: 1 tablet 1 to 2 times a day with water, preferably during meals, one in the evening and one in the morning.

€ 13,80



Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Skullcap root D.E. corresponding to baicalin	300 mg 90 mg	600 mg 180 mg



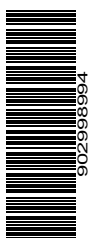
Soy Isoflavones strong 30 capsules

Main ingredients: Soybean (*Glycine max* [L.] Merr.) seeds Dry Extract standardized to 40% isoflavones.

Physiological effects of soybean seeds: contrast of menopause disorders.

Conditions of use: 1 capsule 2 times a day.

€ 12,00



902998994

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Soybean seeds D.E. corresponding to isoflavones	100 mg 40 mg	200 mg 80 mg



St. John's Wort 60 tablets

Ingredienti: St. John's Wort (*Hypericum perforatum* L.) flowering tops Dry Extract standardized to 0,3% hypericin (ratio hyperforins/hypericin max. 7).

Physiological effects of St. John's wort: normal mood, relaxation and mental well-being.

Conditions of use: 1 tablet in the morning.

€ 13,00



902473178

Main ingredients content	
Ingredients	1 tablet (daily dose)
St. John's wort flowering tops D.E. corresponding to hypericin	233 mg 0,7 mg

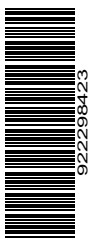


Theanine 60 tablets

Main ingredients: L-theanine from green tea (*Camellia sinensis* [L.] Kuntze) leaves.

Conditions of use: 1 to 2 tablets a day, with water, preferably away from meals.

€ 15,00



922298423

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
L-theanine (from green tea)	200 mg	400 mg



Theanine drops 30 ml

Main ingredients: L-theanine from green tea (*Camellia sinensis* [L.] Kuntze) leaves.

Conditions of use: 25 drops in little water, 1 or 2 times a day preferably away from meals.

€ 12,00



922556485

Main ingredients content		
Ingredients	25 drops	50 drops (daily dose)
L-theanine (from green tea)	200 mg	400 mg



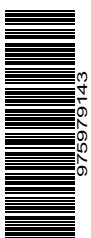
Turmeric 1000mg 30 tablets

Main ingredients: Turmeric (*Curcuma longa* L. syn. *Curcuma domestica* Valetton) rhizome Dry Extract standardized to 95% total curcuminoids; Black pepper (*Piper nigrum* L.) fruit D.E. standardized to 95% piperine.

Physiological effects: turmeric rhizome - antioxidant, joint functionality, contrast of disorders of the menstrual cycle; black pepper fruit - digestive function and regularity of the intestinal transit.

Conditions of use: 1 tablet 1 to 2 times a day.

€ 24,00



975979143

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Turmeric rhizome D.E. corresponding to total curcuminoids	1000 mg 950 mg	2000 mg 1900 mg
Black pepper fruit D.E. corresp. to piperine	10 mg 9,5 mg	20 mg 19 mg



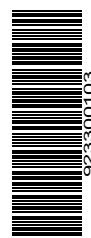
Turmeric 30 capsules

Main ingredients: Turmeric (*Curcuma longa* L. syn. *Curcuma domestica* Valetton) rhizome Dry Extract standardized to 95% total curcuminoids; black pepper (*Piper nigrum* L.) fruit D.E. standardized to 95% piperine.

Physiological effects of turmeric piperine: antioxidant, joint functionality, contrast of disorders of the menstrual cycle.

Conditions of use: 1 capsule 2 to 3 times a day.

€ 13,60



923300103

Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
Turmeric rhizome D.E. corresponding to total curcuminoids	400 mg 380 mg	1200 mg 1140 mg
Black pepper fruit D.E. corresp. to piperine	2 mg 1,9 mg	6 mg 5,7 mg



Turmeric 60 capsules

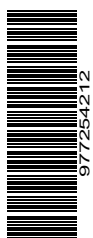
Main ingredients: Turmeric (*Curcuma longa* L. syn. *Curcuma domestica* Valetton) rhizome Dry Extract standardized to 95% total curcuminoids; Black pepper (*Piper nigrum* L.) fruit D.E. standardized to 95% piperine.

Physiological effects of turmeric piperine: antioxidant, joint functionality, contrast of disorders of the menstrual cycle.

Conditions of use: 1 capsule 2 to 3 times a day.

€ 24,00

Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
Turmeric rhizome D.E. corresponding to total curcuminoids	400 mg	1200 mg
Black pepper fruit D.E. corresp. to piperine	380 mg 2 mg 1,9 mg	1140 mg 6 mg 5,7 mg



Uva Ursi 60 tablets

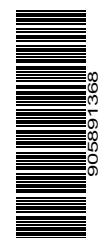
Main ingredients: Uva ursi (*Arctostaphylos uva-ursi* [L.] Spreng.) leaves Dry Extract standardized to 10% di arbutin.

Physiological effects of uva ursi leaves: drainage of body fluids and functionality of the urinary tract.

Conditions of use: 1 tablet 3 times a day.

€ 11,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Uva ursi leaves D.E. corresponding to arbutin	300 mg 30 mg	900 mg 90 mg



Valerian 60 tablets

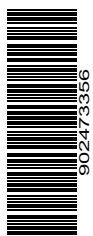
Main ingredients: Valerian (*Valeriana officinalis* L.) root Dry Extract standardized to 0,42% total valerenic acids.

Physiological effects of valerian root: relaxation (sleep, in case of stress).

Conditions of use: 1 tablet 2 to 3 times a day.

€ 9,80

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Valerian root D.E. corresponding to total valerenic acids	100 mg 0,42 mg	300 mg 1,26 mg



Vasaka 60 tablets

Main ingredients: Vasaka (*Adhatoda vasica* Nees, synonyme *Justicia adhatoda* L.) leaves Dry Extract standardized to 0,5% total alkaloids.

Physiological effects of adhatoda leaves: fluidity of bronchial secretions.

Conditions of use: 1 to 2 tablets 2 to 3 times a day after meals.

€ 11,00

Main ingredients content		
Ingredients	1 tablet	6 tablets (daily dose)
Vasaka leaves D.E. corresponding to total alkaloids	300 mg 1,5 mg	1800 mg 9 mg



Vegan Vitamin D3 60 tablets

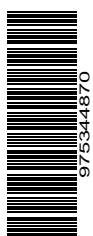
Main ingredients: vitamin D3 (cholecalciferol) vegan 100.000 I.U./g extracted from cladonia (*Cladonia rangiferina* [L.] Weber ex F.H. Wigg.) thallus.

Indications: vitamin D contributes to the normal function of the immune system, to the maintenance of the normal muscle function, to the normal calcium and phosphorus absorption, to the maintenance of healthy bones and teeth and intervenes in the cell division process. Vitamin D is required in for a normal growth and bone development in children.

Conditions of use: 1 tablet per day.

€ 15,00

Main ingredients content		
Ingredients	1 tablet (daily dose)	NRV
Vitamin D3 (cholecalciferol) extracted from Cladonia thallus	50 mcg (2000 I.U.)	1000%





Black garlic 60 capsules

Main ingredients: black garlic (*Allium sativum* L.) bulb Dry Extract (D.E.) ratio E.D. 1/10.

Physiological effects of black garlic bulb: regular function of the cardiovascular system, triglycerides and cholesterol metabolism, regularity of blood pressure, antioxidant.

Conditions of use: 1 capsule 2 times a day, during meals with a glass of water.

**NEW
PRODUCT**

Main ingredients content

Ingredients	1 capsule	2 capsules (daily dose)
Black garlic bulb D.E.	400 mg	800 mg



Red beetroot 60 tablets

Main ingredients: Beet (*Beta vulgaris* L.) root concentrated Dry Extract 4:1.

Physiological effects of beetroot: antioxidant.

Conditions of use: 1 tablet 2 to 3 times a day.

**NEW
PRODUCT**

Main ingredients content

Ingredients	1 tablet	3 tablets (daily dose)
Beet root D.E. 4:1	500 mg	1500 mg



Chaga 60 capsules

Main ingredients: Chaga (*Inonotus obliquus* [Fr.] Pilát) sclerotium D.E. standardized to 30% polysaccharides (in maltodextrins from corn); bamboo (*Bambusa bambos* [L.] Voss) young stems Dry Extract (70-75% organic silica);

Conditions of use: 2 to 3 capsules a day during meals.

**NEW
PRODUCT**

Main ingredients content

Ingredients	1 capsule	3 capsules (daily dose)
Chaga sclerotium corr. to polysaccharides	300 mg 90 mg	900 mg 270 mg
Bamboo young stems	5 mg	15 mg

Nutraceuticals





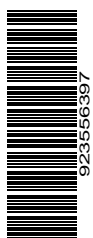
Acetylcysteine (NAC) 30 capsules

Indications: supplementation of Acetylcysteine is very indicated in case of increased need of this nutrient.

Conditions of use: 1 capsule 2 to 3 times per day soon after meals; it is recommended to drink 6 to 8 glasses of water a day away from meals.

€ 9,00

Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
N-acetylcysteine	200 mg	600 mg



923556397



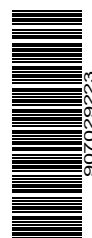
Alginate 40 tablets

Indicazioni: Alginate is a fiber supplement, it is very indicated in case of increased need of this nutrient.

Conditions of use: chew or allow to dissolve in your mouth two tablets after meals and two tablets before going to bed.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	8 tablets (daily dose)
Fiber dietary of which alginic acid	500 mg 410 mg	4000 mg 3280 mg



907029223



Alpha lipoic acid 60 capsules

Conditions of use: 2 to 4 capsules per day.

€ 14,00

Main ingredients content		
Ingredients	1 capsule	4 capsules
Alpha lipoic acid	200 mg	800 mg



905294334



Amino acids 100 tablets

Indications: integration of the athlete's diet.

Conditions of use: 5 tablets per day.

€ 21,00

Main ingredients content			
Ingredients	1 tablet	5 tablets (daily dose)	NRV
L-Leucine	0,500 g	2,50 g	
L-Isoleucine	0,250 g	1,25 g	
L-Valine	0,250 g	1,25 g	
Vitamin B1	0,33 mg	1,65 mg	150%
Vitamin B6	0,42 mg	2,10 mg	150%



905316511



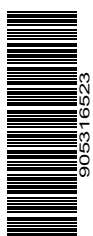
Amino acids 300 tablets

Indications: integration of the athlete's diet.

Conditions of use: 5 tablets per day

€ 41,00

Main ingredients content			
Ingredients	1 tablet	5 tablets (daily dose)	NRV
L-Leucine	0,500 g	2,50 g	
L-Isoleucine	0,250 g	1,25 g	
L-Valine	0,250 g	1,25 g	
Vitamin B1	0,33 mg	1,65 mg	150%
Vitamin B6	0,42 mg	2,10 mg	150%



905316523



B Complex 60 tablets

Indicazioni: thiamine, riboflavin, niacin, pantothenic acid, vitamin B6 and B12 contribute to the normal energy-yielding metabolism and to reduce tiredness and fatigue. Folate, vitamin B6 and B12 contribute to the normal function of the immune system.

Conditions of use: 1 tablet per day.

€ 12,00

Main ingredients content		
Ingredients	1 tablet (daily dose)	NRV
Thiamine hydrochloride (Vit. B1)	25 mg	2273%
Riboflavin (Vit. B2)	25 mg	1786%
Nicotinamide (Niacin, Vit. B3)	36 mg	225%
Pantothenic acid (vit. B5)	18 mg	300%
Pyridoxine hydrochloride (Vit. B6)	9,5 mg	679%
Folic acid (folate, Vit. B9)	400 mcg	200%
Cyanocobalamin (Vit. B12)	25 mcg	1000%
D-biotin	450 mcg	900%
Choline	50 mg	
Inositol	50 mg	



925934275



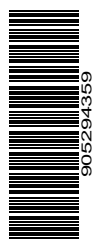
Bioflavonoids 60 tablets

Main ingredients: Bioflavonoidi estratti da agrumi (*Citrus* spp.) titolati al 60% di esperidina.

Indications: supplementation of Bioflavonoids is very indicated in case of increased need of this nutrient.

Conditions of use: 1 to 2 tablets per day, after meals.

€ 10,00



Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Bioflavonoids of which hesperidin	250 mg 150 mg	500 mg 300 mg



Bromelain 60 tablets

Main ingredients: Ananas' extract (*Ananas comosus* [L.] Merr) stem titrated in bromelain (2500 GDU/g).

Physiological effects of pineapple stem: drainage of body fluids (heaviness of the legs); contrast cellulite imperfections.

Conditions of use: 1 tablet 2 to 3 times a day, preferably away from meals.

€ 10,00



Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Pineapple stem extract of which Bromelain corresponding to GDU*	60 mg 50 mg 125	180 mg 150 mg 375



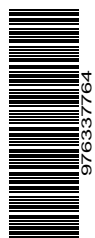
Bromelain 500 mg 60 tablets

Main ingredients: Ananas' extract (*Ananas comosus* [L.] Merr) stem titrated in bromelain (2500 GDU/g).

Physiological effects of pineapple stem: drainage of body fluids (heaviness of the legs); contrast cellulite imperfections, digestive function.

Conditions of use: 1 tablet a day with water, better before meals.

€ 22,00



Main ingredients content	
Ingredients	1 tablet (daily dose)
Pineapple stem extract of which Bromelain corresponding to GDU*	600 mg 500 mg 1250



Calcium 60 tablets

Indications: Calcium is necessary for maintenance of healthy bones and teeth; Phosphor too contributes to maintenance of healthy bones and teeth; Vitamin D contributes to the normal absorption of Calcium and Phosphor.

Conditions of use: 2 to 3 tablets per day, during meals with a glass full of water.

€ 9,50



Main ingredients content			
Ingredients	1 tablet	3 tablets (daily dose)	NRV
Calcium	266,7 mg	800 mg	100%
Phosphor	81,7 mg	245 mg	35%
Vitamin D3	2 mcg	6 mcg	120%

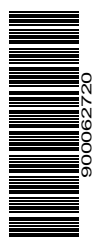


Carnitine 40 tablets

Indications: supplementation of Carnitine is very indicated in case of increased need of this nutrient.

Conditions of use: 1 to 3 tablets a day, after meals.

€ 10,00



Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Carnitine	100 mg	300 mg



Chondroitin sulphate 60 tablets

Indications: supplementation of Chondroitin sulphate is very indicated in case of increased need of this nutrient.

Conditions of use: 1 to 2 tablets a day.

€ 12,00



Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Chondroitin sulphate	250 mg	500 mg



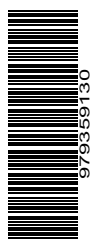
Chromium 60 tablets

Indications: Chromium contributes to maintain normal blood glucose levels and to the normal macronutrient metabolism.

Conditions of use: 1 tablet 2 times a day, with water before meals.

€ 11,00

Main ingredients content			
Ingredients	1 tablet	2 tablets (daily dose)	NRV
Chromium	100 mcg	200 mcg	500%



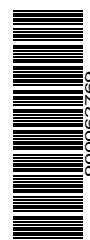
Coenzyme Q10 30 capsules

Indications: supplementation of Coenzyme Q10 is very indicated in case of increased need of this nutrient.

Conditions of use: 1 to 2 capsules two times a day, after meals.

€ 9,00

Main ingredients content		
Ingredients	1 capsule	4 capsules (daily dose)
Coenzyme Q10	10 mg	40 mg



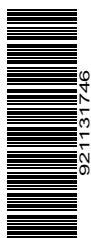
Coenzyme Q10 Strong 30 capsules

Indications: supplementation of Coenzyme Q10 is very indicated in case of increased need of this nutrient.

Conditions of use: 1 to 2 capsules per day, after meals.

€ 16,00

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Coenzyme Q10	100 mg	200 mg



Coenzyme Q10 Strong 60 capsules

Indications: supplementation of Coenzyme Q10 is very indicated in case of increased need of this nutrient.

Conditions of use: 1 to 2 capsules per day, after meals.

€ 25,00

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Coenzyme Q10	100 mg	200 mg



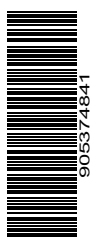
Creatine 100 tablets

Indications: Creatine increases physical performance in the case of repetitive, high intensity and short duration activities. The beneficial effect is obtained with a daily intake of 3 g of creatine.

Conditions of use: 3 tablets a day.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Creatine	1000 mg	3000 mg



Diosmin 60 tablets

Main ingredients: Bioflavonoids titrated at 90% of diosmina and at 2% di hesperidin.

Indications: supplementation of Diosmin is very indicated in case of increased need of this nutrient.

Conditions of use: 1 tablet 1-2 times a day, after main meals.

€ 16,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Total bioflavonoids of which Diosmin	333 mg 300 mg	666 mg 600 mg
Hesperidin	6,7 mg	13,4 mg





Folic acid 60 tablets

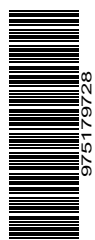
Indications: folate (folic acid) contributes to the normal metabolism of homocysteine; it contributes to the normal homopoiesis and to the growth of the maternal tissues during pregnancy; supplemental folic acid intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing fetus*.

*The target population is women of child-bearing age and the beneficial effect is obtained with a supplemental folic acid daily intake of 400 µg for at least one month before and up to three months after conception.

Conditions of use: 1 tablet per day.

€ 9,50

Main ingredients content		
Ingredients	1 tablet (daily dose)	NRV
Folic acid	400 mcg	200%



Glucosamine 60 tablets

Indications: supplementation of Glucosamine is very indicated in case of increased need of this nutrient

Conditions of use: 1 to 2 tablets a day, during meals.

€ 9,50

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Glucosamine	250 mg	500 mg

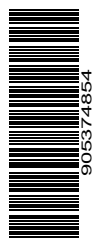


Glutamine 100 tablets

Conditions of use: 1 to 2 tablets a day.

€ 15,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
L-glutamine	875 mg	1750 mg



Glutathione 30 capsules

Indications: supplementation of Glutathione is very indicated in case of increased need of this nutrient.

Conditions of use: 1 capsule per day away from meals (one hour before or two hours after) with a glass of water.

€ 21,00

Main ingredients content	
Ingredients	1 capsule (daily dose)
Glutathione	250 mg



Hyaluronic acid 30 capsules

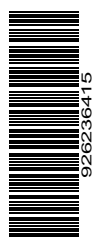
Main ingredients: Hyaluronic acid sodium salt.

Indications: supplementation of Hyaluronic acid is very indicated in case of increased need of this nutrient.

Conditions of use: 1 capsule per day, preferably during breakfast.

€ 15,90

Main ingredients content	
Ingredients	1 capsule
Hyaluronic acid sodium salt corresponding to Hyaluronic acid	171,3 mg 150 mg



Hyaluronic acid 100 ml

Main ingredients: Hyaluronic acid sodium salt.

Indications: supplementation of Hyaluronic acid is very indicated in case of increased need of this nutrient.

Conditions of use: a 5 ml measuring cup up to 3 times a day, preferably during meals.

€ 16,00

Main ingredients content	
Ingredients	15 ml = 3 measuring cups (daily dose)
Hyaluronic acid sodium salt corresponding to Hyaluronic acid	132 mg 120 mg





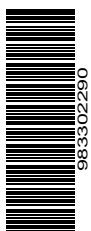
Lactoferrin 30 capsules

Indications: supplementation of Lactoferrin is very indicated in case of increased need of this nutrient. Zinc contributes to the normal function of the immune system.

Conditions of use: 1 capsule per day with plenty of water, preferably away from meals.

€ 25,00

Main ingredients content		
Ingredients	1 capsule (daily dose)	NRV
Lactoferrin Zinc	200 mg 7,5 mg	75 %



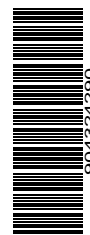
Magnesium 60 tablets

Indications: Magnesium contributes to the normal muscle function, to the normal functioning of the nervous system, to reduce tiredness and fatigue, to the electrolytic balance and to the maintenance of normal bones.

Conditions of use: 1 to 2 tablets a day during meals with a glass full of water.

€ 9,50

Main ingredients content			
Ingredients	1 tablet	2 tablets (daily dose)	NRV
Magnesium	187,5 mg	375 mg	100%

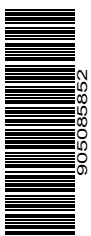


Magnesium Chloride 100g

Conditions of use: 1 heaped teaspoon (5 ml corresponding to 3,75 g) in half a glass of water to be drunk in the morning on an empty stomach.

€ 8,00

Main ingredients content			
Ingredients	100 g	3,75 g (daily dose)	VNR
Magnesium	12 g	450 mg	120%



Crystal mannose 50g

Main ingredients: D-mannose from birch.

Conditions of use: 1 level teaspoon (3 ml corresponding to 1 g) 2 to 3 times a day with a little water, avoiding to drink within one hour post administration.

€ 22,00

Main ingredients content		
Ingredient	1 teaspoon (3ml)	3 teaspoons (9ml) (daily dose)
D-mannose	1g	3g



Mannose 40 tablets

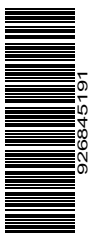
Main ingredients: D-mannose from birch.

Indications: supplementation of Mannose is very indicated in case of increased need of this nutrient.

Modalità d'uso: 1 to 2 tablets in the mornign and 1 to 2 tablets in the evening before going to bed with a little water, avoiding to drink within one hour from post administration.

€ 15,00

Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
D-mannose	500 mg	2000 mg



Marine collagen 60 tablets

Main ingredients: hydrolyzed marine collagen (from fish).

Indicazioni: vitamin C contributes to normal collagen formation for the normal function of skin.

Modalità d'uso: 2 tablets 2 times a day, once in the morning and once in the evening before going to bed, with plenty of water.

€ 22,00

Main ingredients content			
Ingredients	1 tablet	4 tablets (daily dose)	NRV
Marine collagen Vitamin C	1 g 20 mg	4 g 80 mg	100%



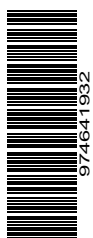


Marine collagen powder 60 grams

Ingredients: hydrolyzed marine collagen (from fish).

Conditions of use: 2 heaped teaspoons (corresponding to 5 g) dissolved in water, once in the evening before going to bed.

€ 16,00



974641932

Main ingredients content		
Ingredients	1 teaspoon (3,5 ml)	2 teaspoons (7 ml) (daily dose)
Marine collagen	2,5 g	5 g



MSM 60 tablets

Indications: supplementation of MSM is very indicated in case of increased need of this nutrient.

Conditions of use: 2 to 3 tablets a day, after meals.

€ 10,00



905294652

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
MSM	500 mg	1500 mg



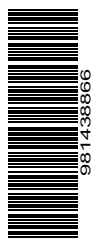
Naringin 60 tablets

Main ingredients: Naringin from grapefruit (*Citrus maxima* Osbeck) fruit.

Indications: supplementation of Naringin is very indicated in case of increased need of this nutrient.

Conditions of use: 1 to 3 tablets a day, preferably during meals.

€ 15,00



981438866

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Naringin	200 mg	600 mg



PEA (PalmitoylEthanolAmide) 30 capsules

Indications: supplementation of PalmitoylEthanolAmide (PEA) is very indicated in case of increased need of this nutrient.

Conditions of use: 1 to 2 capsules after breakfast, 1 capsule after lunch and 1 capsule after dinner for 2 to 3 months; during maintenance take 1 capsule 2 to 3 times a day, after meals.

€ 21,00



981470014

Main ingredients content		
Ingredients	1 capsule	4 capsules (daily dose)
PalmitoylEthanolAmide (PEA)	300 mg	1200 mg

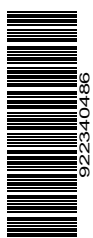


Policosanols 60 capsules

Main ingredients: Policosanols from sugar cane (60% octacosanol).

Conditions of use: 1 to 2 capsules per day, after meals.

€ 16,60



922340486

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Policosanols of which octacosanol	34 mg 20 mg	68 mg 40 mg



Potassium 60 tablets

Indications: potassium contributes to the normal muscle function, to the normal functioning of the nervous system and to the maintenance of a normal blood pressure.

Conditions of use: 2 to 3 tablets a day without chewing or crushing the tablet, during meals with a glass full of water. The formulation has been realized to allow a gradual and long term absorption.

€ 12,00



904324326

Main ingredients content			
Ingredients	1 tablet	3 tablets (daily dose)	NRV
Potassium	300 mg	900 mg	45%



Quercetin 60 tablets

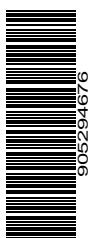
Main ingredients: Quercetin from sophora (*Sophora japonica* L. syn. *Styphnolobium japonicum* [L.] Schott).

Indications: supplementation of Quercetin is very indicated in case of increased need of this nutrient.

Conditions of use: 2 tablets a day, during main meals.

€ 12,00

Main ingredients content		
Ingredients	1 tablet	2 tablets (daily dose)
Quercetin	100 mg	200 mg



SAME 30 tablets

Indications: Vitamin B6 and B12 contribute to the normal energy-yielding metabolism and to the normal functioning of the nervous system; Vitamin B6, folate and Vitamin B12 contribute to the normal psychological function, to the normal homocysteine metabolism and to reduce tiredness and fatigue.

Conditions of use: 1 tablet per day one hour before or two hour after meals.

€ 23,00

Main ingredients content		
Ingredients	1 tablet (daily dose)	NRV
SAME sulfate tosylate corr. to SAME (S-AdenosylMEthionine)	476 mg	
Vitamin B6 (pyridoxine HCl)	250 mg	100%
Folic acid (folate)	1.4 mg	100%
Vitamin B12 (cyanocobalamin)	200 mcg	100%
	10 mcg	400%



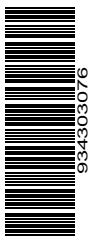
Super Magnesium 200 g

Indications: magnesium contributes to the normal muscle function, to the normal functioning of the nervous system, to reduce tiredness and fatigue, to electrolytic balance and to the maintenance of normal bones.

Conditions of use: 2 teaspoons (equal to 4 coffeespoons) per day, corresponding to 2,65 g dissolved in a glass of water (it dissolves in a delicate effervescence).

€ 15,00

Main ingredients content			
Ingredients	100g	2 teaspoons (2,65 g) (daily dose)	NRV
Magnesium	11,25 g	300 mg	80%



Vitamin B1-B6-B12 60 tablets

Indications: tiamin (vitamin B1), vitamin B6 and B12 contribute to the normal functioning of the nervous system, to the normal psychological function and to the normal energy-yielding metabolism. Vitamin B6 and B12 contribute to the normal function of the immune system and to reduce tiredness and fatigue.

Conditions of use: 1 tablet 2 times a day, during meals.

€ 12,00

Main ingredients content			
Ingredients	1 tablet	2 tablets (daily dose)	NRV
Vit. B1 (Tiamin)	12,5 mg	25 mg	2273%
Vit. B6 (Piridoxine)	5 mg	10 mg	715%
Vit. B12 (methylcobalamin)	500 mcg	1000 mcg	40000%



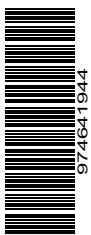
Vitamin B12 40 tablets

Indications: contributes to the normal energy-yielding metabolism, to reduce tiredness and fatigue, to the normal formation of red blood cells, to the normal function of the immune system, to the normal functioning of the nervous system and to the normal psychological function, to the normal homocysteine metabolism.

Conditions of use: 1 tablet per day during meals, to dissolve slowly in your mouth.

€ 15,00

Main ingredients content		
Ingredients	1 tablet (daily dose)	NRV
Vitamin B12 (methylcobalamin)	1000 mcg	40000%



Vitamin C 75 tablets

Indications: vitamin C contributes to the normal function of the immune system, to the normal formation of collagen, to the normal function of blood vessels and gums, to protect cells from oxidative stress.

Conditions of use: 1 tablet 1 to 2 times a day.

€ 12,00

Main ingredients content			
Ingredients	1 tablet	2 tablets (daily dose)	NRV
L-ascorbic acid	500 mg	1000 mg	1250%





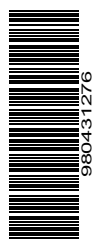
Vitamin C chewable 75 tablets

Indications: vitamin C contributes to the normal function of the immune system, to the normal formation of collagen for the normal function of blood vessels and gums, to protect cells from the oxidative stress, to reduce tiredness and fatigue.

Conditions of use: 1 tablet 1 to 2 times a day, dissolving it in your mouth or swallowing it, during meals.

€ 13,00

Main ingredients content		
Ingredients	2 tablets (daily dose)	NRV
L-ascorbic acid	1000 mg	1250%



980431276



Vitamin C crystals 60 g

Indications: vitamin C contributes to the normal function of the immune system, to the normal formation of collagen for the normal function of blood vessels and gums, to protect cells from the oxidative stress.

Conditions of use: 2 heaping scoops (corresponding to 160 mg) diluted in half a glass of water, 2 to 3 times a day.

€ 11,20

Main ingredients content		
Ingredients	6 scoops (daily dose)	NRV
L-ascorbic acid	480 mg	600%



921820686



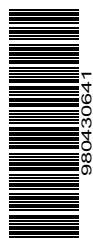
Vitamin D3 liquid 20ml

Indications: vitamin D contributes to the normal function of the immune system, to the maintenance of the normal muscle function, to the normal calcium and phosphorus absorption, to the maintenance of healthy bones and teeth and intervenes in the cell division process. Vitamin D is required in for a normal growth and bone development in children.

Conditions of use: 6 drops per day.

€ 10,40

Main ingredients content		
Ingredients	6 drops (daily dose)	NRV
vitamin D3 liq. 1.000.000 I.U./g corresponding to cholecalciferol (Vitamin D3)	20 mg 50 mcg (2000 I.U.)	1000%



980430641



Vitamina D3 60 tablets

Indications: vitamin D contributes to the normal function of the immune system, to the maintenance of the normal muscle function, to the normal calcium and phosphorus absorption, to the maintenance of healthy bones and teeth and intervenes in the cell division process. Vitamin D is required in for a normal growth and bone development in children.

Conditions of use: 1 tablet per day.

€ 10,40

Main ingredients content		
Ingredients	1 tablet (daily dose)	NRV
vitamin D3 powd. 100.000 I.U./g corresponding to cholecalciferol (Vitamin D3)	20 mg 50 mcg (2000 I.U.)	1000%



970728515



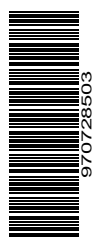
Vitamin E 60 tablets

Indications: vitamin E contributes to protect cells from the oxydative stress.

Conditions of use: 1 tablet per day, after meals.

€ 11,00

Main ingredients content		
Ingredients	1 tablet (daily dose)	NRV
Vitamin E (D-alpha-tocopherol)	60 mg	500%



970728503



Vitamin K + D vegetal 30 capsules

Main ingredients: vitamin K2: vitamin D3 vegetal (cholecalciferol) 100.000 I.U./g extracted from cladonia (*Cladonia rangiferina* [L.] Weber ex F.H. Wigg.) thallus.

Indications: vitamin D contributes to the normal function of the immune system, to the maintenance of the normal muscle function, to the normal calcium and phosphorus absorption, to the maintenance of healthy bones and teeth and intervenes in the cell division process. Vitamin D is required in for a normal growth and bone development in children. Vitamin K contributes to the normal blood clotting.

Conditions of use: 1 capsule per day during meals.

€ 15,00

Main ingredients content		
Ingredients	1 capsule (daily dose)	NRV
Vitamin D3(cholecalciferol) extracted from Cladonia thallus	50 mcg (2000 I.U.**)	1000%
Vitamin K2	75 mcg	100%



961930655



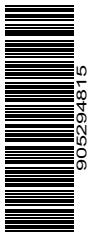
Zinc 60 tablets

Indications: zinc contributes to the normal function of the immune system, to the normal carbohydrate and fat acids metabolism, to the normal acid-base metabolism, to the normal fertility and normal reproduction.

Conditions of use: 1 tablet per day during main meals with a glass of water.

€ 10,00

Main ingredients content		
Ingredients	1 tablet (daily dose)	NRV
Zinc	12,5 mg	125%



Nattokinase 30 capsules

Indications: supplementation of Nattokinase is recommended in case of increased need of this nutrient.

Conditions of use: 1 capsule per day immediately after the main meal.



Main ingredients content	
Ingredients	1 capsule (daily dose)
Nattokinase (NK) from fermented soya extract	100 mg

Formulas





Aloe vera 1000ml

Main ingredients: Aloe vera (*Aloe vera* [L.] Burm f., sin. *Aloe barbadensis* Mill.) gel inside the leaves* (7000 mg/liter polysaccharides, 300 mg/liter acemannan).
Aloin content < 1 ppm (1 part per million).

Physiological effects of aloe vera gel: emollient and soothing action (digestive system); purifying functions of the body.

Conditions of use: it is recommended to take 2/3 scoops containing 15 ml per day, preferably in the morning on an empty stomach. After opening, keep refrigerated.

Main ingredients content

Ingredients	100 ml	3 scoops (daily dose)
Aloe vera juice corresp. to polysaccharides acemannan	100 g 700 mg 30 mg	45 g 315 mg 13,5 mg



Artika 60 tablets

Main ingredients: Devil's claw (*Harpagophytum procumbens* [Burch.] D.C.) root Dry Extract (D.E.) (2,5% iridoid glycosides); Meadowsweet (*Filipendula ulmaria* [L.] Maxim) flowering tops D.E. (0,2% salicylic acid); Papaya (*Carica papaya* L.) unripe fruit D.E. (20% papain).

Physiological effects: devil's claw root and meadowsweet flowering tops - joint function; horsetail aerial parts - tropism of connective tissue.

Conditions of use: 2 tablets 2 times a day before meals.

Main ingredients content

Ingredients	1 tablet	4 tablets (daily dose)
Devil's claw D.E.	150 mg	600,00 mg
Meadowsweet D.E.	100 mg	400,00 mg
Horsetail aerial parts	85 mg	340,00 mg
Green shell mussel freeze dried	50 mg	200,00 mg
Lemon E.O.	0,175 mg	0,70 mg
Papaya D.E.	0,625 mg	2,50 mg



Artika Genesis 60 tablets

Main ingredients: Boswellia (*Boswellia serrata* Roxb. ex Colebr.) gum resin from the bark Dry Extract (65% boswellic acids); Turmeric (*Curcuma longa* L.) rhizome D.E. (95% curcuminoids).

Indications: vitamin C contributes to the normal formation of collagen for the normal function of cartilages. Calcium is necessary to maintain healthy and normal bones. Vitamin D contributes to normal absorption/utilization of calcium and phosphorus.

Physiological effects: boswellia and turmeric: joint functionality; boswellia: contrast of localized states of tension; horsetail: tropism of connective tissue.

Conditions of use: 1 tablet 3 times a day before meals.

Main ingredients content

Ingredients	1 tablet	3 tablets (daily dose)	NRV
Calcium	106,7 mg	320 mg	40%
Vitamin C	20 mg	60 mg	75%
Vitamin D3	2 mcg	6 mcg	120%
Glucosamine	80 mg	240 mg	
Boswellia gumresin D.E.	140 mg	420 mg	
Shark cartilage	140 mg	420 mg	
Horsetail aerial parts	38 mg	114 mg	
Turmeric rhizome D.E.	10 mg	30 mg	



Blend n. 1 CIS 45 capsules

Physiological effects: Niaouli and Juniper essential oil - drainage of body fluids and functionality of the urinary tract.

Conditions of use: 1 capsule 2 to 3 times a day, during meals.

Main ingredients content

Ingredients	1 capsule	3 capsules (daily dose)
Bamboo D.E.	100 mg	300 mg
Vitamin E	12 mg	36 mg (300% NRV)
Cajeput E.O.	5 mg	15 mg
Thyme E.O.	5 mg	15 mg
Lavander E.O.	5 mg	15 mg
Camomile E.O.	5 mg	15 mg
Juniper E.O.	5 mg	15 mg
Niaouli E.O.	5 mg	15 mg



Blend n. 2 POL 45 capsules

Physiological effects: Peppermint and niaouli essential oil - functionality of the upper respiratory tract; Thyme essential oil - fluidity of bronchial secretions; Thyme and pumilio pine essential oil - nose and throat health; Pumilio pine essential oil - balsamic effect.

Conditions of use: 1 capsule 2 to 3 times a day, during meals.

Main ingredients content

Ingredients	1 capsule	3 capsules (daily dose)
Bamboo D.E.	100 mg	300 mg
Vitamin E	12 mg	36 mg (300% NRV)
Thyme E.O.	5 mg	15 mg
Niaouli E.O.	5 mg	15 mg
Pumilio pine E.O.	5 mg	15 mg
Mint E.O.	5 mg	15 mg
Sage E.O.	5 mg	15 mg
Eucalyptus E.O.	5 mg	15 mg



Blend n. 3 MICO 45 capsules

Main ingredients: grapefruit (*Citrus paradisi* Macfad.) seeds D.E. standardized to 50% bioflavonoids (naringin)

Conditions of use: 1 capsule 2 to 3 times a day, during meals.

Main ingredients content

Ingredients	1 capsule	3 capsules (daily dose)
Bamboo D.E.	100 mg	300 mg
Grapefruit seeds D.E.	50 mg	150 mg
corresp. to bioflavonoids	25 mg	75 mg
of which naringin	24 mg	72 mg
Tea tree (Melaleuca)	30 mg	90 mg
Vitamin E	12 mg	36 mg (300% NRV)



Blend n. 4 ENTERO 45 capsules

Main ingredients: Aloe vera (*Aloe vera* [L.] Burm.f.) lyophilized gel without cuticle 200:1 (aloin < 1 ppm); *Bifidobacterium bifidum* (20 billion of live cells/g); Passion flower (*Passiflora incarnata* L.) aerial parts Dry Extract (4% flavonoids).

Physiological effects: peppermint, sweet fennel and green anise essential oil, passion flower aerial parts - regular gastrointestinal motility and elimination of gases; aloe vera gel - emollient and soothing action (digestive system); peppermint, sweet fennel and green anise essential oil - digestive function; peppermint essential oil - hepatic function.

Indications: *Bifidobacterium bifidum* promotes a balance in the intestinal flora.

Conditions of use: 1 to 2 capsules a day, away from meals with water or other beverage.

Main ingredients content

Ingredients	1 capsule	2 capsules (daily dose)
Peppermint leaves E.O.	100 mg	200 mg
Bamboo young stems D.E	100 mg	200 mg
Lyophilized aloe vera gel	50 mg	100 mg
<i>Bifidobacterium bifidum</i>	1 miliardo u.f.c.	2 miliardi u.f.c.
Passion flower aerial parts D.E.	50 mg	100mg
Sweet fennel E.O.	20 mg	40 mg
Green anise fruit E.O.	20 mg	40 mg



Boulardii 30 capsules

Main ingredients: *Saccharomyces boulardii* (20 billion of active cells/g).

Indications: probiotics (*S. boulardii*) and prebiotics (inulin) promote the balance in the intestinal flora.

Conditions of use: 1 capsule 2 to 3 times a day.

Main ingredients content

Ingredients	1 capsule	3 capsules (daily dose)
<i>Saccharomyces boulardii</i>	5 billion cfu	15 billion cfu
Inulin	150 mg	450 mg



California poppy night 60 tablets

Main ingredients: Eschscholzia (*Eschscholtzia californica* Cham) aerial parts Dry Extract (D.E.) (0,2% total alkaloids such as protopine); Valerian (*Valeriana officinalis* L.) rhizome with roots D.E. (0,42% valerenic acids); Passion flower (*Passiflora incarnata* L.) aerial parts D.E.; Hop (*Humulus lupulus* L.) female inflorescences D.E.

Physiological effects of california poppy, valerian, passion flower and hop: relaxation (sleep, in case of stress).

Indications: Magnesium contributes to the normal functioning of the nervous system.

Conditions of use: 2 to 3 tablets a day. A good recommendation may be to take 1 tablet in the late afternoon and 1 or 2 tablets one hour before going to bed.

Main ingredients content

Ingredients	1 tablet	3 tablets (daily dose)
Eschscholzia aerial parts D.E.	100 mg	300 mg
Valerian riz./root D.E.	55 mg	165 mg
Passion flower aerial parts D.E.	50 mg	150 mg
Hop female inflor. D.E.	50 mg	150 mg
Magnesium	60 mg	180 mg (60% NRV)



Candikos 60 capsules

Main ingredients: Reishi (*Ganoderma lucidum* [Curtis] P.Karst) sporophore D.E. (30% polysaccharides); *Saccharomyces boulardii* (20 billion live cells/g).

Physiological effects: reishi sporophore - body's natural defenses.

Indications: *Saccharomyces boulardii* promotes the intestinal flora's balance.

Conditions of use: one capsule 2 to 3 times a day.

Main ingredients content

Ingredients	1 capsule	3 capsules (daily dose)
Medium chain triglycerides (MCT)	300 mg	900 mg
Inulin	50 mg	150 mg
Reishi sporophore D.E.	40 mg	120 mg
<i>Saccharomyces boulardii</i>	0,5 mld u.f.c.	1,5 miliardi ufc



Anxiety Pills 100 tablets

Main ingredients: Chamomile (*Matricaria chamomilla* L.) flowers Dry Extract (0,3% apigenin); Griffonia (*Griffonia simplicifolia* [DC.] Baill.) seeds D.E. (20% 5-hydroxytryptophan).

Conditions of use: melt in the mouth or chew slowly 3 to 6 tablets per day.

Main ingredients content

Ingredients	6 tablets (daily dose)
Chamomile flowers D.E.	144 mg
Griffonia seeds D.E. corresponding to 5-hydroxytryptophan	60 mg 12 mg
L-theanine	60 mg



Air Pills 100 tablets

Main ingredients: Fennel (*Foeniculum vulgare* Mill.) fruits Dry Extract (1% essential oil)

Conditions of use: melt in the mouth or chew slowly 3 to 6 tablets per day.

Main ingredients content

Ingredients	6 tablets (daily dose)
Fennel fruits D.E.	180 mg
Anise fruits E.O.	6 mg
Fennel fruits E.O.	6 mg



Chewable Appetite Pills 100 tablets

Main ingredients: Açai (*Euterpe oleracea* Mart.) fruits (berries) Dry Extract (10% phenols); Rhodiola (*Rhodiola rosea* L., syn. *Sedum roseum* [L.] Scop.) root D.E. (1% salidroside).

Physiological effects: açai - lipids and carbohydrates metabolism; cocoa - tonic and metabolic support action.

Conditions of use: melt in the mouth or chew slowly 3 to 6 tablets per day.

Main ingredients content

Ingredients	6 tablets (daily dose)
Cacao seeds	600 mg
Açai fruits D.E. corresponding to phenols	210 mg
Rhodiola root D.E. corresponding to salidroside	21 mg
	108 mg
	1,1 mg



Chewable Balsamic Pills 100 tablets

Main ingredients: Althea (*Althea officinalis* L.) root Dry Extract.

Conditions of use: melt in the mouth or chew slowly 3 to 6 tablets per day.

Main ingredients content

Ingredients	6 tablets (daily dose)
Althea root D.E.	150 mg
Eucalyptus leaves E.O.	72 mg
Mint leaves O.E.	7,2 mg
Pumilio pine gems E.O.	7,2 mg



Chewable Energy Pills 100 tablets

Main ingredients: Eleutherococcus (*Eleutherococcus senticosus* [Rupr. et Maxim.] Maxim) root Dry Extract (5% saponins); Ginseng (*Panax ginseng* C.A. Meyer) root Dry Extract (12% ginsenosids).

Conditions of use: melt in the mouth or chew slowly 3 to 6 tablets per day.

Main ingredients content

Ingredients	6 tablets (daily dose)
Cocoa seeds powder	600 mg
Eleutherococcus root D.E. corresponding to saponins	210 mg
Ginseng root D.E. corresponding to ginsenosids	10,5 mg
Bitter orange E.O.	60 mg
	7,2 mg
	12 mg



Chewable Propolis Pills 100 tablets

Main ingredients: Propolis Dry Extract (8-12% galangin); Licorice (*Glycyrrhiza glabra* L.) root D.E. (19% ac.glicirrizico); Aloe vera (*Aloe vera* [L.] Burm.f.) lyophilized gel without cuticle 200:1 (aloin < 1 ppm).

Conditions of use: melt in the mouth or chew slowly 3 to 6 tablets per day.

Main ingredients content

Ingredients	6 tablets (daily dose)
Propolis D.E. correspond. to galangin	120 mg
Licorice D.E.	12 mg
Lyophilized Aloe vera	120 mg
Anise E.O.	15 mg
Thyme E.O.	14 mg
	4 mg



Cholekos CM 60 tablets

Main ingredients: Indian barberry (*Berberis aristata* DC) bark of the branches granular Dry Extract (85% berberine); red yeast rice (*Monascus purpureus* Went) Dry Extract (1,5% monacolins); inositol; vitamin E acetate powder; policosanols from sugar cane (60% octacosanol).

Physiological effects of Indian barberry's bark: regular functionality of cardiovascular system.

Conditions of use: 1 tablet after breakfast and 1 after dinner.

Main ingredients content

Ingredients	1 tablet	2 tablets (daily dose)	NRV
Vitamin E	15,00 mg	30,00 mg	250%
Inositol	37,50 mg	75,00 mg	
Policosanols	12,75 mg	25,50 mg	
of which octacosanol	7,65 mg	15,30 mg	
Red yeast rice	98,33 mg	196,66 mg	
of which monacolins	1,475 mg	2,95 mg	
Indian barberry's bark	100 mg	200 mg	
corresp. to berberine	85 mg	170 mg	



Cholekos daily CM 30 capsules

Main ingredients: Indian barberry (*Berberis aristata* DC) bark of the branches granular Dry Extract (85% di berberine); red yeast rice (*Monascus purpureus* Went) Dry Extract (5% monacolins); Q10 coenzyme (ubidecarenone); olive (*Olea europaea* L.) leaves D.E. (15% oleuropein); vitamin E acetate powder; vitamin PP (nicotinamide).

Physiological effects: Indian barberry bark - regular functionality of cardiovascular system; olive leaves - carbohydrates and lipids metabolism, regularity of blood pressure.

Conditions of use: 1 capsule per day, after dinner.

Main ingredients content

Ingredients	1 capsule (daily dose)	NRV
Red yeast rice D.E. corresp. to monacolins	59,00 mg	200%
Indian barberry's bark D.E. corresp. to berberine	2,95 mg	
Coenzyme Q10	150,00 mg	
Olive leaves D.E. corresp. to oleuropein	127,50 mg	
Vitamin E (DL- α -tocopherol)	50,00 mg	
Vitamin PP (nicotinamide)	50,00 mg	
	7,50 mg	
	24,00 mg	



Crinforte HER 60 tablets

Main ingredients: Eleutherococcus (*Eleutherococcus senticosus* [Rupr. et Maxim.] Maxim) root Dry Extract (D.E.) 5% saponins; Golden millet (*Panicum miliaceum* L.) fruit D.E.; Hop (*Humulus lupulus* L.) female inflorescences D.E.

Indications: Zinc, selenium and biotin contribute to the maintenance of normal hair; copper contributes to normal hair pigmentation; millet is indicated for nails and hair health.

Conditions of use: 2 tablets during breakfast and 2 during lunch.

Main ingredients content

Ingredients	1 tablet	4 tablets (daily dose)
L-cystine	89,0 mg	356 mg
L-taurine	15,0 mg	60 mg
MethylSulfonylMethane (MSM)	30,0 mg	120 mg
Vitamin C	30,0 mg	120 mg (150% NRV)
PABA	7,50 mg	30 mg
Vitamin E	3,00 mg	12 mg (100% NRV)
Panthenolic acid	2,25 mg	9 mg (150% NRV)
Vitamin B6	0,75 mg	3 mg (214% NRV)
Folic acid	75,00 mcg	300 mcg (150% NRV)
D-biotin	56,25 mcg	225 mcg (450% NRV)
Vitamin B12	0,94 mcg	3,75 mcg (150% NRV)
Zinc	3,13 mg	12,5 mg (125% NRV)
Calcium	2,13 mg	8,5 mg
Iron	1,75 mg	7,0 mg (50% NRV)
Copper	0,45 mg	1,8 mg (180% NRV)
Eleutherococcus root D.E.	13,75 mcg	55 mcg (100% NRV)
Golden millet seeds D.E.	20,0 mg	80,0 mg
Hop female inflor. D.E.	20,0 mg	80,0 mg



Crinforte HIM 60 tablets

Main ingredients: Ginseng (*Panax ginseng* C.A. Meyer) root Dry Extract (D.E.); Nettle (*Urtica urens* L.) root D.E. (0,4%betasitosterols); Sabal (*Sereoa repens* [W.Batram] Small) fruits D.E. (30% free fatty acids).

Indications: Zinc, selenium and biotin contribute to the maintenance of normal hair; copper contributes to normal hair pigmentation.

Conditions of use: 2 tablets during breakfast and 2 during lunch.

Main ingredients content

Ingredients	1 tablets	4 tablets (daily dose)
L-cystine	119 mg	476 mg
L-taurine	15 mg	60 mg
Vitamin C	30 mg	120 mg (150% NRV)
PABA	12,5 mg	50 mg
Vitamin E	3 mg	12 mg (100% NRV)
Panthenolic acid	2,25 mg	9 mg (150% NRV)
Vitamin B6	0,5 mg	2 mg (143% NRV)
Vitamin A	200 mcg	800 mcg (100% NRV)
Folic acid	75 mcg	300 mcg (150% NRV)
D-biotin	56,25 mcg	225 mcg (450% NRV)
Vitamin B12	0,625 mcg	2,5 mcg (100% NRV)
Zinc	3,125 mg	12,5 mg (125% NRV)
Calcium	2,125 mg	8,5 mg
Iron	1,5 mg	6 mg (43% NRV)
Copper	0,45 mg	1,8 mg (180% NRV)
Selenium	13,75 mcg	55 mcg (100% NRV)
Ginseng root D.E.	50 mg	200 mg
Nettle root D.E.	20 mg	80 mg
Sabal fruits D.E.	20 mg	80 mg



Dimakos 60 tablets

Main ingredients: Garcinia (*Garcinia cambogia* (Gaertn.) Desr. synonymous *Garcinia gummi-gutta* (L.) Roxb.) fruit skin D.E. (60% acido idrossicitrico [HCA] come sale di calcio); Green coffee (*Coffea arabica* L.) seeds D.E. (50% chlorogenic acid and 3% caffeine); White mulberry (*Morus alba* L.) leaves D.E. (1% di deossynojirimycin); Black pepper (*Piper nigrum* L.) fruits D.E. (95% piperin).

Physiological effects: *green coffee seeds* - metabolism support and tonic action; *black pepper fruits* - antioxidant; *white mulberry leaves* - carbohydrates metabolism.

Indications: Chromium contributes to the normal metabolism of macronutrients.

Conditions of use: 1 tablet 2 times a day, 15 minutes before meals.

Main ingredients content

Ingredients	1 tablet	2 tablets (daily dose)
Garcinia fruit skin D.E.	500 mg	1000 mg
corresp. to hydroxycitric acid	300 mg	600 mg
Green coffee seeds D.E.	300 mg	600 mg
corresp. to chlorogenic acid	150 mg	300 mg
corresp. to caffeine	9 mg	18 mg
White mulberry leaves D.E.	100 mg	200 mg
corresp. to deossynojirimycin	1 mg	2 mg
Black pepper fruits D.E.	8 mg	16 mg
corresp. to piperin	7,6 mg	15,2 mg
Chromium	100 mcg	200 mcg (500% NRV)



Flor 5 mix 30 capsules

Main ingredients: *Lactobacillus acidophilus* (100 billion active cells/g) strain SGL11; *Lactobacillus rhamnosus* (100 billion active cells/g) strain DSM 21981; *Bifidobacterium bifidum* (100 billion active cells/g) strain DSM 22892; *Lactobacillus casei* (100 billion active cells/g) strain DSM 27537; *Lactobacillus reuteri* (100 billion active cells/g) strain SGL01;

Indications: promotes the balance in the intestinal flora.

Conditions of use: 1 to 2 capsules a day. Each capsule provides not less than 10 billion active cells of probiotics.

Main ingredients content

Ingredients	1 capsule	2 capsules (daily dose)
Lactobacillus acidophilus	2 billion cfu	4 billion cfu
Lactobacillus rhamnosus	2 billion cfu	4 billion cfu
Bifidobacterium bifidum	2 billion cfu	4 billion cfu
Lactobacillus casei	2 billion cfu	4 billion cfu
Lactobacillus reuteri	2 billion cfu	4 billion cfu



Green coffee elixir 200 ml

Physiological effects: *green coffee seeds* - tonic and metabolic support action; *fennel fruit* - regular gastrointestinal motility and elimination of gases; *pineapple stem* - reduction of the unsightly appearance of cellulite.

Conditions of use: a 10 ml scoop in a glass of water two times a day, one hour before meals.

Main ingredients content

Ingredients	10 ml (1 scoop)	20 ml (2 scoops) (daily dose)
Green coffee seeds F.E.	2,500 g	5,000 g
corr. to chlorogenic acid	0,250 g	0,500 g
Apple juice concentrate	2,500 g	5,000 g
Fennel fruit F.E.	1,250 g	2,500 g
Pineapple stem F.E.	1,250 g	2,500 g
Bromelain	0,050 g	0,100 g
correspond. to G.D.U.	125	250



Green coffee elixir 500 ml

Physiological effects: *green coffee seeds* - tonic and metabolic support action; *fennel fruit* - regular gastrointestinal motility and elimination of gases; *pineapple stem* - reduction of the unsightly appearance of cellulite.

Conditions of use: a 10 ml scoop in a glass of water two times a day, one hour before meals.

Main ingredients content

Ingredients	10 ml (1 scoop)	20 ml (2 scoops) (daily dose)
Green coffee seeds F.E.	2,500 g	5,000 g
corr. to chlorogenic acid	0,250 g	0,500 g
Apple juice concentrate	2,500 g	5,000 g
Fennel fruit F.E.	1,250 g	2,500 g
Pineapple stem F.E.	1,250 g	2,500 g
Bromelain	0,050 g	0,100 g
correspond. to G.D.U.	125	250



Green coffee flat belly 60 tablets

Main ingredients: *Green coffee (Coffea arabica L.) seeds* Dry Extract (50% chlorogenic acid and 3% caffeine); *Wakame seaweed (Undaria pinnatifida [Harvey] Suringar) thallus* D.E. (10% fucoxanthin); *Papaya (Carica papaya L.) fruit* D.E. (100 T.U./mg); *Lactobacillus acidophilus* (20 billion of live cells/g).

Physiological effects: *wakame seaweed thallus* - body's weight balance, purifying functions of the body, trophism and skin's functionality; *papaya fruit* - digestive function; *green coffee seeds* - tonic and metabolic support action.

Indications: niacin contributes to the normal energetic metabolism and to the maintenance of normal mucous membranes. *Lactobacillus acidophilus* promotes the balance in the intestinal flora.

Conditions of use: a tablet 2 to 3 times a day with plenty of water half an hour before meals, possibly avoiding evening administration.

Main ingredients content

Ingredients	1 tablet	3 tablets (daily dose)	NRV
Green coffee seeds D.E.	200 mg	600 mg	
corr. to chlorogenic acid	100 mg	300 mg	
caffeine	6 mg	18 mg	
L-carnitine	100 mg	300 mg	
Wakame seaweed thallus D.E.	50 mg	150 mg	
corresp. to fucoxanthin	5 mg	15 mg	
Lactobac. acidophilus	333 milioni c.f.u.	1 miliardo u.f.c.	
Papaya fruit D.E.	20 mg	60 mg	
Vitamin PP (niacin)	10,7 mg	32 mg	200%



Green coffee termoactive 30 capsules

Main ingredients: *Green coffee (Coffea arabica L.) seeds* Dry Extract (50% chlorogenic acid and 3% caffeine); *Bitter orange (Citrus aurantium var. amara L.) unripe fruit* D.E. (6% synephrine octopamine max. 1/8 synephrine); *Guarana (Paulinia cupana Kunth.) seeds* D.E. (10% caffeine); *Cordyceps (Ophiocordyceps sinensis [Berk.] G.H. Sung, J.M. Sung, Hyvel-Jones & Spatafora sin. Cordyceps sinensis [Berk.] Sacc.) mycelium e sporophore* D.E. (10% cordycepic acid, 0,2% adenosine, 7% polysaccharides).

Physiological effects: *bitter orange unripe fruit* - body's weight balance, metabolic stimulus and lipid metabolism; *green coffee seeds*, *cordyceps micelium and sporophore* - tonic and metabolic support action; *guarana seeds* - tonic (mental and physical fatigue), stimulation of metabolism.

Indications: chromium contributes to the normal metabolism of macronutrients.

Conditions of use: one capsule 2 to 3 times a day before meals, possibly avoiding evening administration.

Main ingredients content

Ingredients	1 capsule	3 capsules (daily dose)	NRV
Green coffee seeds D.E.	175 mg	525 mg	
corresp. to chlorogenic acid	87,5 mg	262,5 mg	
caffeine	5,25 mg	15,75 mg	
Guarana seeds D.E.	25 mg	75 mg	
correspond. to caffeine	2,5 mg	7,5 mg	
Caffeine	25 mg	75 mg	
Bitter orange unripe fruit D.E.	150 mg	450 mg	
correspond. to synephrine	9 mg	27 mg	
Cordyceps mic./spor. D.E.	40 mg	120 mg	
Chromium	40 mcg	120 mcg	300%



Hesperide 60 tablets

Main ingredients: *Butcher's broom (Ruscus aculeatus L.) rhizome* Dry Extract (D.E.) (5% ruscogenin); *Horse chestnut (Aesculus hippocastanum L.) seeds* D.E. (15% escin); *Red vine (Vitis vinifera L. var. rubra) leaves* D.E. (5% polyphenols); *Witch hazel (Hamamelis virginiana L.) leaves* D.E. (1% tannins); *Bioflavonoids from citrus (Citrus spp.)* (60% hesperidin).

Physiological effects: *red vine and butcher's broom* - functionality of microcirculation (heavy legs); *butcher's broom and witch hazel* - functionality of venous circulation (functionality of the hemorrhoidal plexus).

Conditions of use: 2 tablets 2 times a day, during meals.

Main ingredients content

Ingredients	1 tablet	4 tablets (daily dose)
Total bioflavonoids	50 mg	200,00 mg
of which Rutin	25 mg	100,00 mg
Butcher's broom rhizome D.E.	100 mg	400 mg
Horse chestnut seeds D.E.	90 mg	360 mg
corresponding to escin	13,5 mg	54 mg
Red vine leaves D.E.	55 mg	220 mg
Witch hazel leaves D.E.	55 mg	220 mg



Inflor 30 capsules

Main ingredients: *Lactobacillus rhamnosus* (10 billion active cells/g); *Fennel (Foeniculum vulgare Mill.) fruit* Dry Extract (1% essential oil).

Indications: Probiotics promote the intestinal flora's balance. Niacin contributes to the maintenance of normal mucous membranes.

Physiological effects of fennel fruit: regular gastrointestinal motility and gases elimination.

Conditions of use: 1 or 2 capsules 2 times a day.

Main ingredients content

Ingredients	1 capsule	4 capsules (daily dose)
Vitamin PP	6,00 mg	24,00 mg (150% NRV)
Vitamin C	6,00 mg	24,00 mg (30% NRV)
Lactobacillus rhamnosus	1,5 billion cfu	6,0 billion cfu
Fennel fruit D.E.	30,00 mg	120,00 mg



Iron strong 60 tablets

Indications: Iron contributes to the normal formation of red blood cells and hemoglobin, to the normal oxygen transport in the body; Folate (folic acid) contributes to normal hematopoiesis and to growth of maternal tissues during pregnancy; supplemental folic acid intake increases the state of maternoale folate, low maternal folate status is a risk factor in neural tube defects in the developing fetus; Iron and vitamin B12 contribute to reduce tiredness and fatigue; Vitamin C increases iron absorption.

*Target population is made up by women of child-bearing age; the beneficial effect is obtained with a supplemental folic acid daily intake of 400 mcg at least one month before and up to three months after conception.

Conditions of use: 1 to 2 tablets a day, during meals.

Main ingredients content

Ingredients	2 tablets (daily dose)	NRV
Iron	18,2 mg	130%
Vitamin C	120 mg	150%
Folic acid	400 mcg	200%
Vitamin B12	5 mcg	200%
Dock root	200 mg	
Horsetail aerial parts	200 mg	



Kalonj 30 capsules

Main ingredients: Devil's claw (*Harpagophytum procumbens* [Burch.] D.C.) root D.E. (2.5% gluco iridoids); White willow (*Salix alba* L.) bark Dry Extract (D.E.) (15% salicin); Kola (*Cola acuminata* [P. Beauv.] Schott et Endl.) seeds D.E. (10% caffeine).

Physiological effects: white willow bark - contrasting localized states of tension; kola seeds - tonic (mental and physical fatigue).

Conditions of use: 2 capsules in times of need. If necessary, repeat up to three times per day.

Main ingredients content		
Ingredients	1 capsule	6 capsules (daily dose)
Devil's claw root D.E. corresponding to gluco iridoids	200,0 mg 5,0 mg	1200 mg 30 mg
White willow bark D.E. corresponding to salicin	106,7 mg 16,0 mg	640 mg 96 mg
Kola seeds D.E. corresponding to caffeine	100,0 mg 10,0 mg	600 mg 60 mg



Keep Calm 60 tablets

Main ingredients: Griffonia (*Griffonia simplicifolia* [DC] Baill.) seeds Dry Extract (20% 5-hydroxytryptophan); Jujube (*Zizyphus jujuba* Mill.) seeds D.E. (2% triterpenoid saponins); Skullcap (*Scutellaria baicalensis* Georgi) root D.E. (30% baicalin); Magnolia (*Magnolia officinalis* Rehder e Wilson) bark D.E. (90% magnolols).

Physiological effects: griffonia seeds - normal mood; griffonia seeds and jujube seeds - relaxation (sleep) and mental wellbeing; skullcap root: body's natural defenses.

Conditions of use: 2 to 3 tablets a day (morning, afternoon and evening) preferably away from meals.

Main ingredients content		
Ingredients	1 capsule	6 capsules (daily dose)
Griffonia seeds D.E. corresp. to 5-hydroxytryptophan	100 mg 20 mg	300 mg 60 mg
Jujube seeds D.E.	100 mg	300 mg
Theanine	100 mg	300 mg
Skullcap root D.E.	50 mg	150 mg
corresponding to baicalin	15 mg	45 mg
Magnolia bark D.E. corresponding to magnolol	10 mg 9 mg	30 mg 27 mg



Koseno 360 capsules

Main ingredients: Hop (*Humulus lupulus* L.) female inflorescences Dry Extract (0,4% rutoside); Horsetail (*Equisetum arvense* L.) aerial parts D.E. (7% silica); Oat (*Avena sativa* L.) fruits D.E.; Soya (*Glycine max* [L.] Merr.) seeds D.E. (40% isoflavones).

Conditions of use: 2 capsules 3 times a day during meals with a glass full of water, for at least two months, then continue with 1 capsule 2 times per day. It is recommended to drink at least 1 liter of water per day.

Main ingredients content		
Ingredients	1 capsule	6 capsules (daily dose)
Vitamin E	4,0 mg	24,0 mg (200% NRV)
Hop female inflorescences D.E.	120,0 mg	720,0 mg
Fenugreek seeds	60,0 mg	360,0 mg
Sage leaves	60,0 mg	360,0 mg
Galega herb	40,0 mg	240,0 mg
Horsetail aerial parts D.E.	40,0 mg	240,0 mg
Oat fruits D.E.	40,0 mg	240,0 mg
Soya seeds D.E. (40% isofl.) corresponding to isoflavones	33,3 mg 13,3 mg	200,0 mg 80,0 mg



Koseno 90 capsules

Main ingredients: Hop (*Humulus lupulus* L.) female inflorescences Dry Extract (0,4% rutoside); Horsetail (*Equisetum arvense* L.) aerial parts D.E. (7% silica); Oat (*Avena sativa* L.) fruits D.E.; Soya (*Glycine max* [L.] Merr.) seeds D.E. (40% isoflavones).

Conditions of use: 2 capsules 3 times a day during meals with a glass full of water, for at least two months, then continue with 1 capsule 2 times per day. It is recommended to drink at least 1 liter of water per day.

Main ingredients content		
Ingredients	1 capsule	6 capsules (daily dose)
Vitamin E	4,0 mg	24,0 mg (200% NRV)
Hop female inflorescences D.E.	120,0 mg	720,0 mg
Fenugreek seeds	60,0 mg	360,0 mg
Sage leaves	60,0 mg	360,0 mg
Galega herb	40,0 mg	240,0 mg
Horsetail aerial parts D.E.	40,0 mg	240,0 mg
Oat fruits D.E.	40,0 mg	240,0 mg
Soya seeds D.E. (40% isofl.) corresponding to isoflavones	33,3 mg 13,3 mg	200,0 mg 80,0 mg



Leptinkos 60 tablets

Main ingredients: Garcinia (*Garcinia cambogia* [Gaertn] Desr.) peel from the unripe fruit Dry Extract (D.E.) (60% hydroxycitric acid) Bitter orange (*Citrus aurantium* var. *amara* L.) unripe fruit D.E. (6% synephrine, octopamine mx. 0,75%); Green tea (*Camellia sinensis* [L.] Kuntze) leaves D.E. (80% polyphenols); Griffonia (*Griffonia simplicifolia* [DC] Baill.) seeds D.E. (20% 5-hydroxytryptophan); Gymnema (*Gymnema sylvestre* [Retz] R.Br.) leaves D.E. (25% gymnemic acids); Birch (*Betula pubescens* Ehrh.) leaves D.E. (2,5-3% flavonoids); Bladderwrack (*Fucus vesiculosus* L.) thallus D.E. (0,1% total iodine); Guggul (*Commiphora mukul* [Hook. ex Stocks] Engl.) oleo resin gum (2,5% guggulipids); Black pepper (*Piper nigrum* L.) fruit D.E. (95% piperine).

Physiological effects: griffonia seeds and gymnema leaves - appetite control; bitter orange unripe fruit - metabolic stimulus and lipid metabolism; fucus thallus - body's weight balance; green tea leaves birch leaves - body fluids drainage.

Indications: chromium contributes to the normal metabolism of macronutrients.

Conditions of use: 2 tablets before or during meals, 2 times per day.

Main ingredients content		
Ingredients	1 tablet	4 tablets (daily dose)
conjugated linoleic acid (CLA)	100,0 mg	400,0 mg
garcinia unripe fruit's peel D.E.	100,0 mg	400,0 mg
Bitter orange unripe fruit D.E.	83,3 mg	333,2 mg
corresp. to synephrine	5,0 mg	20,0 mg
green tea leaves D.E.	75,0 mg	300,0 mg
griffonia seeds D.E.	50,0 mg	200,0 mg
gymnema leaves D.E.	50,0 mg	200,0 mg
birch leaves D.E.	50,0 mg	200,0 mg
bladderwrack thallus D.E.	50,0 mg	200,0 mg
corresponding to iodine	50 mcg	200 mcg (133% NRV)
gugul oleo resin gum D.E.	33,0 mg	132,0 mg
black pepper fruit D.E.	1,0 mg	4,0 mg
chromium	50 mcg	200 mcg (500% NRV)



Micro C 60 tablets

Main ingredients: Acerola (*Malpighia punicifolia* L. syn. *Malpighia glabra* L.) fruits Dry Extract (50% vit. C); Bioflavonoids from citrus fruits of genus Citrus (*Citrus* spp.) mesocarp (60% di hesperidin).

Indications: vitamin C contributes to the normal collagen formation for the normal function of blood vessels and gums.

Conditions of use: 1 to 2 tablets 2 times a day after meals.

Main ingredients content

Ingredients	1 tablet	4 tablets (daily dose)
Acerola D.E.	180,00 mg	720 mg
of which Vitamin C	90,00 mg	360 mg (450% NRV)
Bioflavonoids	122,50 mg	490 mg
of which Hesperidin	64,50 mg	258 mg
Rutin	15,00 mg	60 mg
Alfa-alfa concentrate juice	25,00 mg	100 mg



Osteokos 60 tablets 1000mg

Main ingredients: D-glucosamine sulphate (from crustacean shells); chondroitin sulphate; microcrystalline cellulose; MSM (MethylSulphonylMethane).

Conditions of use: one tablet per day before a meal.

Main ingredients content

Ingredients	1 tablet (daily dose)
D-glucosamine	500 mg
chondroitin sulphate	400 mg
MSM (MethylSulphonylMethane)	200 mg



Pausakos 60 tablets

Main ingredients: Soy (*Glycine max* [L.] Merr.) seeds D.E. (40% isoflavoni); Red clover (*Trifolium pratense* L.) plant D.E. (8% isoflavones); Chinese angelica (*Angelica sinensis* [Oliv.] Diels) root D.E. (1% ligustilide); Passion flower (*Passiflora incarnata* L.) aerial parts D.E. (4% flavonoids).

Physiological effects: soy, red clover and chinese angelica - contrast disorders of menopause; passion flower - relaxation (sleep, in case of stress).

Indications: magnesium contributes to the normal functioning of the nervous system; Vitamin D3 contributes to the normal absorption/utilization of calcium and phosphorus, and to the maintenance of healthy bones.

Conditions of use: 1 tablet in the morning and 1 in the evening.

Main ingredients content

Ingredients	1 tablet	2 tablets (daily dose)
Soy seeds D.E.	85 mg	170 mg
corresponding to isoflavones	34 mg	68 mg
Red clover plant D.E.	75 mg	150 mg
corresponding to isoflavones	6 mg	12 mg
Chinese angelica root D.E.	50 mg	100 mg
Passion flower aerial parts D.E.	50 mg	100 mg
Horsetail aerial parts	40 mg	80 mg
Magnesium	45 mg	90 mg (24% NRV)
Vitamin D3	3,75 mcg	7,5 mcg (150% NRV)



Pausa notte 60 tablets

Main ingredients: Red clover (*Trifolium pratense* L.) flowers and leaves D.E. (8% isoflavones); Melissa (*Melissa officinalis* L.) leaves D.E. (12% rosmarinic acid); Hop (*Humulus lupulus* L.) strobiles D.E.

Indications: melatonin contributes to reduce the time required to fall asleep. The beneficial effect is obtained by consuming 1 mg close to bedtime (corresponding to two tablets of Pausanotte).

Physiological effects: red clover - contrast menopause disorders; melissa - relaxation and mental wellbeing, normal mood; hop - relaxation (sleep, in case of stress).

Conditions of use: 2 tablets one hour or half an hour before bedtime.

Main ingredients content

Ingredients	1 tablet	2 tablets (daily dose)
Red clover leaves D.E.	175,0 mg	350 mg
corresp. to isoflavones	14,0 mg	28 mg
Melissa leaves D.E.	100,0 mg	200 mg
Hop strobiles D.E.	25,0 mg	50 mg
Melatonin	0,5 mg	1 mg



Pausa slim 60 tablets

Main ingredients: Red clover (*Trifolium pratense* L.) aerial parts D.E. (8% isoflavones); Acai (*Euterpe oleracea* Mart.) fruit D.E. (10% polyphenols); Bromelain from pineapple (2500 GDU/g); Griffonia (*Griffonia simplicifolia* [DC] Baill.) seeds D.E. (20% 5-hydroxytryptophan); Wakame seaweed (*Undaria pinnatifida* [Harvey] Suringar) whole thallus D.E. (10% fucoxanthin); Banaba (*Lagerstroemia speciosa* [L.] Pers.) leaves D.E. (1% corosolic acid).

Physiological effects: red clover aerial parts - contrast menopause disorders; griffonia seeds - appetite control and normal mood; wakame seaweed thallus - body's weight balance; acai fruit - lipid and carbohydrates metabolism.

Indications: Chromium contributes to the normal metabolism of macronutrients.

Conditions of use: 1 tablets at breakfast and 1 at dinner.

Main ingredients content

Ingredients	1 tablet	2 tablets (daily dose)
Red clover aerial parts D.E.	300 mg	600 mg
Acai fruit D.E.	50 mg	100 mg
Griffonia seeds D.E.	50 mg	100 mg
Bromelain from pineapple	30 mg	60 mg
Wakame seaweed thallus D.E.	30 mg	60 mg
Banaba leaves D.E.	16 mg	32 mg
Chromium	50 mcg	100 mcg (250% NRV)



Pimpinella 60 tablets

Main ingredients: *Lactobacillus acidophilus* (20 billion active cells/g); Fennel (*Foeniculum vulgare* var. *dulce* Mill.) fruit Dry Extract (1% essence).

Physiological effects of fennel and anise fruit: regular gastrointestinal motility and gases elimination.

Indications: probiotics are recommended to support the balance of the intestinal flora. Niacin contributes to the maintenance of normal mucous membranes.

Conditions of use: 1 to 2 tablets after lunch and 1 to 2 after dinner.

Main ingredients content

Ingredients	4 tablets (daily dose)
Niacin	36 mg (225% NRV)
Lactobacillus acidophilus	1,00 billion cfu
Charcoal	800 mg
Fennel fruit	400 mg
Fenocchio fruit D.E.	200 mg
Green anise fruit	80 mg



Prostakos 60 tablets

Main ingredients: Pumpkin (*Cucurbita pepo* [L.] var. *oleifera* Pietsch.) seeds Dry Extract (40% fatty acids, 0,075% phytosterols); Nettle (*Urtica urens* L.) root Dry Extract (0,4% beta-sitosterols); Serenoa (*Serenoa repens* [W.Batram] Small) fruits Dry Extract (30% fatty acids); Bearberry (*Arctostaphylos uva-ursi* [L.] Spreng.) leaves Dry Extract (10% arbutin); Mallow (*Malva sylvestris* L.) leaves Dry Extract (ratio E/D 1:4).

Physiological effects: *pumpkin seeds* and *serenoa fruits* - prostate function, functionality of the urinary tracts; *nettle root* - prostate function; *bearberry leaves* - functionality of the urinary tracts; *mallow leaves* - emollient and soothing action (urinary tracts).

Conditions of use: 2 tablets 2 to 3 times a day.

Main ingredients content

Ingredients	1 tablet	6 tablets (daily dose)
Pumpkin seeds D.E.	100 mg	600 mg
Nettle root D.E.	100 mg	600 mg
Serenoa fruits D.E.	70 mg	420 mg
corresponding to fatty acids	21 mg	126 mg
Bearberry leaves D.E.	50 mg	300 mg
corresponding to arbutin	5 mg	30 mg
Mallow leaves D.E.	40 mg	240 mg



Royal mix seaweeds 90 tablets

Physiological effects: *spirulina thallus* - tonic and support action; *chlorella unicellular algae* - body's natural defenses; *klamath micro-algae* - normal mood.

Conditions of use: 1 to 2 tablets 3 times a day, during meals.

Main ingredients content

Ingredients	1 tablet	6 tablets (daily dose)
Spirulina thallus	300 mg	1800 mg
Chlorella unicellular algae	150 mg	900 mg
Klamath micro-algae	50 mg	300 mg



Royal mix fungi 60 capsules

Main ingredients: Cordyceps (*Ophiocordyceps sinensis* [Berk.] G.H. Sung, J.M. Sung, Hyvel-Jpones & Spatafora syn. *Cordyceps sinensis* [Berk.] Sacc.) mycelium and sporophore D.E. standardized to 10% cordicepic acid, 0,2% adenosine, 7% polysaccharides; Reishi (*Ganoderma lucidum* [Curtis] P.Karst.) sporophore D.E. standardized to 30% polysaccharides; Maitake (*Grifola frondosa* [Dicks.] Gray) sporophore D.E. standardized to 30% polysaccharides; Agaricus blazei (*Agaricus blazei* Murril) sporophore D.E. standardized to 40% polysaccharides.

Physiological effects of cordyceps, reishi, maitake and agaricus blazei: body's natural defenses.

Conditions of use: 2 to 3 capsules a day during meals with plenty of water.

Main ingredients content

Ingredients	1 capsule	3 capsules (daily dose)
Cordyceps sinensis D.E.	100mg	300mg
Ganoderma lucidum D.E.	100mg	300mg
Grifola frondosa D.E.	100mg	300mg
Agaricus blazei D.E.	100mg	300mg
Bamboo D.E.	5mg	15mg



Sativa 40 chewable tablets

Main ingredients: Licorice (*Glycyrrhiza glabra* L.) root Dry Extract (D.E.) (19% glycyrrhizic acid); Carrageen (*Chondrus crispus* Stackhouse) thallus Extract; Camomilla (*Matricaria chamomilla* L.) flowers D.E. (0,3 apigenin); California poppy (*Eschscholtzia californica* Cham.) herb D.E. (0,2% total alkaloids [protopine]).

Physiological effects: *chamomile flowers* - emollient and soothing action (digestive system); *licorice root* - functionality of the digestive system.

Conditions of use: dissolve 2 tablets in the mouth half an hour after lunch and 2 tablets half an hour after dinner.

Main ingredients content

Ingredients	1 tablet	4 tablets (daily dose)	NRV
Magnesium	82,50 mg	330,0 mg	88%
Vitamin K1	18,75 mcg	75,0 mcg	100%
Licorice D.E.	200,0 mg	800,0 mg	
of which glycyrrhizic acid	38,0 mg	152,0 mg	
Carrageen thallus D.E.	150,0 mg	600,0 mg	
Chamomile flowers D.E.	80,0 mg	320,0 mg	
of which apigenine	0,24 mg	0,96 mg	
Alfa Alfa concentrated juice	10,0 mg	40,0 mg	
California poppy herb D.E.	9,0 mg	36,0 mg	
of which total alkaloids (protopine)	0,018 mg	0,072 mg	



Scudo DEFEND 60 tablets

Main ingredients: Cordyceps (*Ophiocordyceps sinensis* [Berk.] G.H. Sung, J.M. Sung, Hyvel-Jpones & Spatafora sin. *Cordyceps sinensis* [Berk.] Sacc.) micelium and sporophore D.E. standardized to 10% cordicepic acid, 0,2% di adenosine, 7% polysaccharides; Quercetin from sophora (*Sophora japonica* L. syn. *Styphnolobium japonicum* [L] Schott) flowers; Pineapple (*Ananas comosus* [L.] Merr) stem D.E. (bromelain 2500 GDU/g).

Physiological effects of cordyceps micelium and sporophore: body's natural defenses, functionality of the first respiratory tract.

Indications: Vitamin C, vitamin D, zinc, selenium and copper contribute to the normal function of the immune system.

Conditions of use: 1 tablet, 1 to 2 times a day.

Main ingredients content

Ingredients	1 tablet	2 tablets (daily dose)	NRV
Cordyceps sinensis D.E.	200 mg	400 mg	
corresponding to cordicepic acid	20 mg	40 mg	
adenosine	0,4 mg	0,8 mg	
polysaccharides	60 mg	120 mg	
vitamin C (L-ascorbic acid)	160 mg	320 mg	400%
quercetin	100 mg	200 mg	
zinc	7,5 mg	15 mg	150%
Pineapple stem extract of whic Bromelain	60 mg	120 mg	
corresponding to GDU	50 mg	100 mg	
vitamin D3 (cholecalciferol)	125	250	
selenium	25 mcg	50 mcg	1000%
copper	50 mcg	100 mcg	182%
	0,75 mg	1,5 mg	150%



Scudo Multiminerali 60 tablets

Main ingredients: Moringa (*Moringa oleifera* Lam.) seeds Dry Extract 1:10; Broccoli (*Brassica oleracea* L. var. *italica*) inflorescences D.E. (10% sulfuraphane); Carrot (*Daucus carota* L.) root D.E.; Tomato (*Solanum lycopersicum* L.) fruit D.E. (5% lycopene); Bamboo (*Bambusa bambos* [L.] Voss) young stems Dry Extract (70-75% organic silica).

Physiological effects: *spirulina thallus* and *spinach leaves* - tonic and supporting action; *moringa seeds* - normal blood circulation and lipid metabolism; *broccoli inflorescences* - purifying functions of the body; *tomato fruit* - antioxidant; *carrot root* - wellbeing of eyesight.

Indications: calcium is necessary to maintain healthy bones and teeth; magnesium contributes to reduce tiredness, fatigue and to the electrolyte balance; iron contributes to the normal oxygen transport in the body; zinc, copper and selenium contribute to the normal functions of immune system; manganese contributes to the protection of cells from the oxidative stress.

Conditions of use: 2 tablet per day, 1 during breakfast and 1 during dinner.

Main ingredients content			
Ingredients	1 tablet	2 tablets (daily dose)	NRV
Spirulina thallus	200 mg	400 mg	
Calcium	60 mg	120 mg	15%
Potassium	50 mg	100 mg	5%
Magnesium	28,13 mg	56,25 mg	15%
Moringa seeds D.E.	100 mg	200 mg	
Spinach leaves	100 mg	200 mg	
Iron	7 mg	14 mg	100%
Zinc	5 mg	10 mg	100%
Broccoli inflor. D.E.	20 mg	40 mg	
corr. to sulfuraphane	2 mg	4 mg	
Carrot root D.E.	20 mg	40 mg	
Tomato fruit D.E.	10 mg	20 mg	
corr. to lycopene	0,5 mg	1 mg	
Bamboo young stems D.E.	15 mg	30 mg	
corr. to silica	3,5 mg	7 mg	
Manganese	1 mg	2 mg	100%
Copper	0,5 mg	1 mg	100%
Selenium	27,5 mcg	55 mcg	100%



Scudo Multivitamin 60 capsules

Main ingredients: Goji (*Lycium barbarum* L.) berries Dry Extract (40% polysaccharides); Maqui (*Aristotelia chilensis* [Molina] Stuntz.) fruits D.E.; Acerola (*Malpighia punicifolia* L., syn *Malpighia glabra* L.) fruit D.E. (50% vit. C); Red orange (*Citrus aurantium* var. *dulcis* Hayne) fruit D.E. (7% polyphenols, 3% vit. C); Apple (*Malus pumila* Mill.) fruit D.E. (50% phloridzin); Pineapple (*Ananas comosus* [L.] Merr.) stem D.E. (2500 GDU/g bromelain); Pomegranate (*Punica granatum* L.) fruit D.E. (40% ellagic acid); Elderberry (*Sambucus nigra* L.) fruit E.S. (10% polyphenols); Black blueberry (*Vaccinium myrtillus* L.) fruit D.E. (25% anthocyanosides); Red grape (*Vitis vinifera* L.) seeds D.E. (95% OPC); Bamboo (*Bambusa bambos* [L.] Voss) young stems D.E. (70-75% silica).

Physiological effects: *goji*, *maqui*, *pomegranate fruits* and *red grape seeds* - antioxidants; *pineapple stem* - drainage of body's fluids; *elder fruit* - body's natural defenses; *black blueberry fruit* - wellbeing of eyesight.

Indications: thiamine, riboflavin, niacin, vit. B6 and vit. B12 contribute to the normal energetic metabolism, to reduce tiredness and fatigue; vit. C and vit. D contribute to the normal functions of immune system; vit. K contributes to the normal blood clotting; vit. E contributes to the protection of cells from oxidative stress.

Conditions of use: 2 capsules per day during meals, 1 at breakfast and 1 at dinner.

Main ingredients content			
Ingredients	1 capsule	2 capsules (daily dose)	NRV
Goji fruit D.E.	100 mg	200 mg	
Maqui fruit D.E.	80 mg	160 mg	
Acerola fruit D.E.	80 mg	160 mg	
corresponding to vit. C	40 mg	80 mg	100%
Red orange fruit D.E.	20 mg	40 mg	
Apple fruit D.E.	20 mg	40 mg	
Pineapple stem D.E.	20 mg	40 mg	
Vitamin E	6 mg	12 mg	100%
Pomegranate fruit D.E.	10 mg	20 mg	
Elder fruit D.E.	10 mg	20 mg	
Black blueberry fruit D.E.	10 mg	20 mg	
Red grape seeds D.E.	8 mg	16 mg	
Vitamin PP	8 mg	16 mg	100%
Bamboo young stems D.E.	5 mg	10 mg	
Beta-carotene	1,25 mg	2,5 mg	50%RE
Vitamin B2	1,4 mg	2,8 mg	200%
Vitamin B6	1,4 mg	2,8 mg	200%
Vitamin B1	1,1 mg	2,2 mg	200%
Vitamin K1	52,5 mcg	105 mcg	150%
Folic acid	200 mcg	400 mcg	200%
D-biotin	50 mcg	100 mcg	200%
Vitamin B12	2,5 mcg	5 mcg	200%
Vitamin D3	5 mcg	10 mcg	200%



Sgonfierbe 60 soluble tablets

Main ingredients: Ortosiphon (*Orthosiphon aristatus* [Blume] Miq. sin. *Orthosiphon stamineus* Benth.) leaves Dry Extract (D.E.) (0,1% sinensetin); Butcher's broom (*Ruscus aculeatus* L.) rhizome D.E. (5% ruscogenins); Dandelion (*Taraxacum officinale* [L.] Weber ex F.H.Wigg. syn. *Taraxacum campyloides* G.E. Haglund) root D.E. (2% inulin); Pineapple (*Ananas comosus* [L.] Merr) stem D.E. (0,1% bromelain); Mouse-ear hawkweed (*Hieracium pilosella* L., syn. *Pilosella officinarum* Vahl.) flowering tops D.E. (0,4% vitanin); Gotu Kola (*Asian centella* [Hydrocotyle] [L.] Urb.) herb D.E. (20% total triterpene derivatives);

Physiological effects: *ortosiphon leaves*, *pineapple stem* and *mouse-ear hawkweed flowering tops* - drainage of body's fluids; *dandelion root* - purifying functions of the body.

Conditions of use: dissolve 3 tablets of Sgonfierbe in a 1,5 liters bottle of natural mineral water (tablets dissolve within an hour, preferably agitate from time to time in order to make the dissolution of plant extracts easier). A good recommendation may be to put the tablets into water the night before and, in the morning, agitate and drink throughout the day, away from meals.

Main ingredients content		
Ingredients	1 tablet	3 tablets (daily dose)
Ortosiphon leaves D.E.	100 mg	300 mg
Butcher's broom rhizome D.E.	100 mg	300 mg
Dandelion root D.E.	100 mg	300 mg
Pineapple stem D.E.	100 mg	300 mg
Mouse-ear flowering tops D.E.	100 mg	300 mg
Gotu kola D.E.	10 mg	30 mg



Somnium 60 tablets

Main ingredients: California poppy (*Eschscholtzia californica* Cham.) herb Dry Extract (0,2% total alkaloids [protopine]).

Indications: melatonin contributes to reduce the time required to fall asleep. The beneficial effect is obtained by consuming 1 mg close to bedtime (corresponding to 1 tablet of Somnium).

Physiological effects of california poppy herb: relaxation (sleep, in case of stress).

Conditions of use: 1 tablet half an hour before bedtime.

Main ingredients content	
Ingredients	1 tablet (daily dose)
Melatonin	1 mg
California poppy herb D.E.	100 mg



Somnium drops 30ml

Indications: melatonin contributes to reduce the time required to fall asleep and to alleviate jet-lag effects.

Conditions of use: reduction of time required to fall asleep - the beneficial effect is obtained by consuming 1 mg close to bedtime, corresponding to 10 drops of Somnium; to alleviate jet-lag effects - the beneficial effects is obtained by consuming a minimum of 0,5 mg close to bedtime (corresponding to 5 drops of Somnium) during the first day of travel and a few days after reaching the destination.

Main ingredients content

Ingredients	5 drops 112,5 mg	10 drops 225 mg (daily dose)
Melatonin	0,500 mg	1,00 mg
California poppy F.E.	11,250 mg	22,500 mg



Tetraflor 60 tablets

Main ingredients: *Lactobacillus acidophilus* (20 billion of active cells/g); *Lactobacillus rhamnosus* (10 billion of active cells/g); *Lactobacillus sporogenes* (15 billion of active cells/g); *Bifidobacterium bifidum* (20 billion of active cells/g).

Indications: probiotics promote the balance in the intestinal flora.

Conditions of use: 3 to 4 tablets per day for adults, 2 tablets a day for children, to be dissolved in the mouth or in a little water or any other beverage.

Main ingredients content

Ingredients	1 tablet	4 tablets (daily dose)	NRV
Vitamin C	12,00 mg	48,00 mg	60%
<i>Lactobacillus acidophilus</i>	375 millions cfu	1,5 billion cfu	
<i>Lactobacillus rhamnosus</i>	250 millions cfu	1 billion cfu	
<i>Lactobacillus sporogenes</i>	37,5 millions cfu	150 billion cfu	
<i>Bifidobacterium bifidum</i>	25 millions cfu	120 billion cfu	



Thermokal 90 tablets

Main ingredients: Guarana (*Paullinia cupana* Kunth) seeds (8% caffeine); Bitter orange (*Citrus aurantium* var. *amara* L.) unripe fruit D.E. (6% synephrine, octopamine max. 1/8 della synephrine); Cola (*Cola acuminata* [P.Beauv.] Schott et Endl.) seeds D.E. (10% caffeine); Green tea (*Camellia sinensis* [L.] Kuntze) leaves D.E. (80% polyphenols and 10% caffeine); Fucus (*Fucus vesiculosus* L.) thallus (0,2% iodine); White willow (*Salix alba* L.) bark D.E. (15% salicin).

Conditions of use: 2 to 3 tablets per day.

Main ingredients content

Ingredients	1 tablet	3 tablets (daily dose)
Guarana seeds D.E.	187,50 mg	562,5 mg
corresp. to caffeine	15,00 mg	45,0 mg
Bitter orange D.E.	150,00 mg	450,0 mg
corresp. to synephrine	9,00 mg	27,0 mg
Cola seeds D.E.	150,00 mg	450,0 mg
corresp. to caffeine	15,00 mg	45,0 mg
Green tea leaves D.E.	150,00 mg	450,0 mg
corresp. to caffeine	15,00 mg	45,0 mg
Willow bark D.E.	20,00 mg	60,0 mg
corresp. to salicin	3,00 mg	9,0 mg
Fucus thallus D.E.	37,50 mg	112,5 mg
corresp. to iodine	75,00 mcg	225 mcg 150% NRV



Spices Royal Mix 60 capsules

Main ingredients: Turmeric (*Curcuma longa* L.) rhizome Dry Extract (95% total curcuminoids); Cinnamon (*Cinnamomum verum* J.Presl syn. *Cinnamomum zeylanicum* Blume) bark D.E. (rapp. E/D 1:4); Ginger (*Zingiber officinal* Rosc.) rhizome D.E. (5% gingerols); Star anise (*Illicium verum* Hook f.) fruit D.E. (ratio E/D 1:4); Capsicum (*Capsicum annuum* L.) fruit D.E. (2% capsaicin); Black pepper (*Piper nigrum* L.) fruit D.E. (95% piperine).

Physiological effects: cinnamon bark, ginger rhizome, cloves, capsicum fruit and black pepper fruit - antioxidant, digestive function; turmeric rhizome: antioxidant; cinnamon bark: carbohydrates metabolism; capsicum fruit: stimulation of metabolism, regular functionality of cardiovascular system; star anise and black pepper fruit - digestive function, regular gastrointestinal motility and gases elimination.

Conditions of use: 1 capsule 2 times a day before meals.

Main ingredients content

Ingredients	1 capsule	2 capsules (daily dose)
Turmeric rhizome D.E.	100 mg	200 mg
corresponding to curcumin	95 mg	190 mg
Cinnamon bark D.E.	100 mg	200 mg
Ginger rhizome D.E.	75 mg	150 mg
corresponding to gingerols	3,75mg	7,5 mg
Cloves	50 mg	100 mg
Star anise fruit D.E.	25 mg	50 mg
Capsicum fruit D.E.	25 mg	50 mg
corresponding to capsaicin	1,25 mg	2,5 mg
Green cardamom fruit	25 mg	50 mg
Black pepper D.E.	2,64 mg	5,28 mg
corresponding to piperine	2,5 mg	5 mg

Spices Royal Mix 30 capsules



Turmeric Plus 60 capsules

Main ingredients: Turmeric (*Curcuma longa* L.) rhizome Dry Extract (95% total curcuminoids); Garcinia (*Garcinia gummi-gutta* [L.] Roxb.) fruit skin D.E. (60% Hydroxycitric acid = HCA); Ginger (*Zingiber officinale* Rosc.) rhizome D.E. (5% gingerols); Black pepper (*Piper nigrum* L.) fruit D.E. (95% piperine).

Physiological effects: turmeric rhizome - antioxidant; black pepper fruit - digestive function and regularity of intestinal transit.

Conditions of use: 3 to 4 capsules per day before meals.

Main ingredients content

Ingredients	1 capsule	4 capsules (daily dose)
Turmeric rhizome D.E.	250 mg	1000 mg
corresponding to curcumin	237,5 mg	950 mg
Garcinia fruit skin D.E.	200 mg	800 mg
correspond. to Hydroxycitric acid	120 mg	480 mg
Ginger rhizome D.E.	45 mg	185 mg
corresponding to gingerols	2,25mg	9 mg
Black pepper D.E.	2,1 mg	8,4 mg
corresponding to piperin	2 mg	8 mg



Tuttosole 51 30 capsules

Main ingredients: Blueberry (*Vaccinium myrtillus* L.) fruit D.E. (min. 1% anthocyanosides); Carrot (*Daucus carota* L.) root Dry Extract; Bioflavonoids from orange, lemon and grapefruit (*Citrus spp.*); Selenium-enriched yeast (0,1% selenio); Aloe vera (*Aloe vera* [L.] Burm.f.) lyophilized gel without cuticle 200:1 (*aloina* < 1 ppm).

Physiological effects: *blueberry fruit* – antioxidant; *aloe vera gel without cuticle* – emollient and soothing action; *carrot root* – functionality of microcirculation.

Indications: vitamins C, E and selenium contribute to protect cells from oxydative stress.

Conditions of use: 1 capsule 2 times a day during meals, starting 15 days before sun exposure.

Main ingredients content

Ingredients	1 capsule	2 capsules (daily dose)	NRV
Vitamin C	30,00 mg	60,00 mg	75%
Vitamin E	12,00 mg	24,00 mg	200%
Beta carotene	3,00 mg	6,00 mg	
Bioflavonoids	30,00 mg	60,00 mg	
L-tyrosine	90,00 mg	180,00 mg	
Selenium	22,00 mcg	44,00 mcg	80%
Carrot root D.E.	90,00 mg	180,00 mg	
Blueberry fruit D.E.	50,00 mg	100,00 mg	
Lyophilized aloe vera	10,00 mg	20,00 mg	



Tuttosole 52 30 capsules

Main ingredient: Tomato (*Solanum lycopersicum* L.) fruit D.E. (lycopene 1%); Milk thistle (*Silybum marianum* [L.] Gaertn.) fruit D.E. (80% silymarin).

Physiological effects: *walnut hull* – integrity and functionality of cell membranes; *milk thistle fruit* – antioxidant, purifying funtions of the body.

Indications: vitamins C, E and selenium contribute to protect cells from oxydative stress.

Conditions of use: 1 capsule 2 times a day during meal throughout the sun exposure period. It is always recommended to use a sunscreen cream protection which si appropriate to your skin type.
Sunlight exposure subjects skin to an excessive production of free radicals.

Main ingredients content

Ingredients	1 capsule	2 capsules (daily dose)	NRV
Vitamin C	60 mg	120 mg	150%
PABA	10 mg	20 mg	
Pantothenic acid	4,5 mg	9 mg	150%
Vitamin E	6 mg	12 mg	100%
Beta carotene	3 mg	6 mg	
L-tyrosine	100 mg	200 mg	
Selenium	27,5 mcg	55 mcg	100%
Tomato D.E. (1% lycopene)	50 mg	100 mg (1 mg lycopene)	
Walnut hull	50 mg	100 mg	
Milk thistle D.E. (80% silymarin)	10 mg	20 mg (16 mg silymarin)	

Essential Herbalist





Baobab 50g

Physiological effects of baobab fruit: joint functionality, tonic and supporting action, body's natural defenses.

Conditions of use: 2 heaped teaspoons (corresponding to 5 g) dissolved in water or milk at breakfast and, if necessary, 2 more in the afternoon.

Main ingredients content		
Ingredients	100 g	4 teaspoons (daily dose)
Baobab fruit pulp dehydrated	100 g	10 g



Charcoal 80 tablets

Conditions of use: 2 to 3 tablets 2 times per day, after meals.

Main ingredients content		
Ingredients	1 tablet	6 tablets (daily dose)
Charcoal	300 mg	1800 mg



Chlorella 90 tablets

Physiological effects of chlorella unicellular algae: antioxidant, body's natural defenses.

Conditions of use: 1 to 2 tablets 3 times per day, during meals.

Main ingredients content		
Ingredients	1 tablet	6 tablets (daily dose)
Chlorella unicellular algae	500 mg	3000 mg



Fenugreek 90 tablets

Physiological effects of fenugreek seeds: carbohydrates metabolism; tryglicerides and cholesterol metabolism.

Conditions of use: 1 to 2 tablets 2 times a day, before meals.

Main ingredients content		
Ingredients	1 tablets	4 tablets (daily dose)
Fenugreek seeds	500 mg	2000 mg



Fermented papaya 16 sachets

Physiological effects of fermented papaya fruit: antioxidant, body's natural defenses.

Conditions of use: 1 sachet before breakfast and, if necessary, 1 sachet before bedtime, to dissolve directly in the mouth or in half a glass of water.

Main ingredients content		
Ingredients	1 sachet	2 sachets (daily dose)
Fermented papaya fruit corresponding to Pure dry extract	3 g 900 mg	6 g 1800 mg



Fermented papaya 50 gr

Physiological effects of fermented papaya fruit: antioxidant, body's natural defenses.

Conditions of use: 1 heaped coffee spoon (corresponding to 3 g) 1 to 2 times a day.

Main ingredients content		
Ingredients	1 coffee spoon (3 g)	2 coffee spoons (6 g) (daily dose)
Fermented papaya fruit corresponding to pure dry extract	3,0 g 0,9 g	6,0 g 1,8 g



Glucomannano 90 tablets

Indications: in the context of an energy restricted diet, glucomannan contributes to weight loss.

Conditions of use: the beneficial effect is obtained with a daily intake of 3 g of glucomannan into three doses of 1g per each, (corresponding to 2 tablets) with 1 to 2 glasses of water, 1 hour or at least half an hour before meals, in the context of an energy restricted diet.

Main ingredients content

Ingredients	1 tablet	6 tablets (daily dose)
Glucomannan	500 mg	3000 mg



Horsetail 90 tablets

Physiological effects of horsetail aerial parts: trophism of connective tissue, health of hair and nails.

Conditions of use: 1 to 2 tablets 2 times a day, during meals.

Main ingredients content

Ingredients	1 tablet	4 tablets (daily dose)
Horsetail aerial parts	500 mg	2000 mg



Pineapple stem 90 tablets

Physiological effects of pineapple stem: drainage of body's fluids (heavy legs); reduction of unsightly appearance of cellulite.

Conditions of use: 1 to 2 tablets 2 times a day, one hour before meals.

Main ingredients content

Ingredients	1 tablet	4 tablets (daily dose)
Pineapple stem	500 mg	2000 mg



Spirulina 90 tablets

Physiological effects of spirulina algae thallus: tonic and supporting action.

Conditions of use: 1 to 2 tablets 3 times a day, during meals.

Main ingredients content

Ingredients	1 tablet	6 tablets (daily dose)
Spirulina algae thallus	500 mg	3000 mg



Spirulina 200 tablets

Physiological effects of spirulina algae thallus: tonic and supporting action.

Conditions of use: 1 to 2 tablets 3 times a day, during meals.

Main ingredients content

Ingredients	1 tablet	6 tablets (daily dose)
Spirulina algae thallus	500 mg	3000 mg

Gel capsules





Borage 30 gel capsules

Main ingredients: Borage (*Borago officinalis* L.) seed oil (20% gamma linolenic acid = GLA).

Physiological effects of borage oil: integrity and functionality of cell membranes, trophismo and skin functionality.

Conditions of use: 2 to 3 gel capsules per day, preferably during meals.

Main ingredients content

Ingredients	1 gel capsule	3 gel capsules (daily dose)
Borage oil corresponding to GLA	500 mg 100 mg	1500 mg 300 mg



Carrot 70 gel capsules

Physiological effects of carrot root: eyesight wellbeing.

Conditions of use: 1 gel capsule 2 to 3 times a day.

Main ingredients content

Ingredients	1 gel capsule	3 gel capsules (daily dose)	NRV
Oil macerated carrot betacarotene	500 mg 1 mg	1500 mg 3 mg	60% RE



Coconut oil 50 gel capsules

Main ingredients: coconut (*Cocos nucifera* L.) nut oil.

Physiological effects of coconut oil: tonic and supporting action, trophism of the skin.

Conditions of use: 2 gel capsules 2 to 3 times a day before meals.

Main ingredients content

Ingredients	1 gel capsule	6 gel capsules (daily dose)
Coconut nut oil	1000 mg	6000 mg



Cod liver 60 gel capsules

Main ingredients: Cod liver oil (EPA 8%, DHA 9%, Vitamin A min. 600 IU/g, Vitamin D3 85 IU/g).

Indications: EPA and DHA contribute to the normal cardiac function. The beneficial effect is obtained with the daily intake of at least 250 mg of EPA and DHA.

Conditions of use: 3 to 4 gel capsules per day during meals.

Main ingredients content

Ingredients	1 gel capsule	4 gel capsules (daily dose)	NRV
Cod liver oil	500 mg	2000 mg	
EPA	40 mg	160 mg	
DHA	45 mg	180 mg	
Vitamin A	300 IU	1200 IU = 360 mcg	45%
Vitamin D3	42,5 IU	170 IU = 4,25 mcg	85%
Vitamin E	10 mg	60 mg	500%



Evening Primrose 60 gel capsules

Main ingredients: Evening primrose (*Oenothera biennis* L.) seed oil (10% gamma linolenic acid = GLA).

Physiological effects of evening primrose oil: trophism and functionality of the skin, integrity and functionality of cell membranes, contrast of disorders of menstrual cycle.

Conditions of use: 1 to 2 gel capsules 2 to 3 times a day.

Main ingredients content

Ingredients	1 gel capsule	6 gel capsules (daily dose)	NRV
Evening primrose oil correspond. to GLA Vitamin E	500 mg 50 mg 5 mg	3000 mg 300 mg 30 mg	250%



Fish oil 60 gel capsules

Main ingredients: Fish oil (polyunsaturated fatty acids min. 18% EPA and min. 12% DHA).

Indications: EPA and DHA contribute to the normal cardiac function. DHA contributes to maintain the normal brain function and the normal visual ability. The beneficial effect is obtained with the daily intake of at least 250 mg of EPA and DHA.

Conditions of use: 1 to 3 gel capsules a day.

Main ingredients content

Ingredients	1 gel capsule	3 gel capsules (daily dose)
Fish oil corresponding to EPA DHA	1000 mg 180 mg 120 mg	3000 mg 540 mg 360 mg



Fish oil 60% 60 gel capsules

Main ingredients: Fish oil (60% polyunsaturated fatty acids min. 35% EPA and min. 25% DHA).

Indications: EPA and DHA contribute to the normal cardiac function. DHA contributes to maintain the normal brain function and the normal visual ability. The beneficial effect is obtained with the daily intake of at least 250 mg of EPA and DHA.

Conditions of use: 1 to 2 gel capsules per day.

Main ingredients content		
Ingredients	1 gel capsule	2 gel capsules (daily dose)
Fish oil corresponding to EPA DHA	1000 mg 350 mg 250 mg	2000 mg 700 mg 500 mg



Garlic 120 gel capsules

Physiological effects of garlic bulb: tryglicerides and cholesterol metabolism, regular functionality of cardiovascular system, regularity of blood pressure.

Conditions of use: 3 to 6 gel capsules per day.

Main ingredients content		
Ingredients	1 gel capsules	6 gel capsules (daily dose)
Oil macerated garlic	300 mg	1800 mg



Krill oil 30 gel capsules

Conditions of use: 1 to 2 gel capsules per day, preferably during meals.

Main ingredients content		
Ingredients	1 gel capsule	2 gel capsules (daily dose)
Krill oil containing:	500 mg	1000 mg
Phospholipids	200 mg	400 mg
EPA	50 mg	100 mg
DHA	27,5 mg	55 mg
Astaxanthin	100 mcg	200 mcg



Nigella 60 gel capsules

Conditions of use: 2 gel capsules a day during meals.

Main ingredients content		
Ingredients	1 gel capsule	2 gel capsules (daily dose)
Nigella oil	500 mg	1000 mg



Omega 3-6-9 60 gel capsules

Main ingredients: Fish oil (18% EPA, 12% DHA); Flax (*Linum usitatissimum* L.) seed oil (65% CLA); Evening primrose (*Oenothera biennis* L.) seed oil (10% GLA); natural vitamin E.

Physiological effects: evening primrose oil - trophism and functionality of the skin, contrast of disorders of menstrual cycle; flaxseed oil - lipids metabolism; evening primrose oil and flaxseed oil - integrity and functionality of cell membranes.

Conditions of use: 2 to 3 gel capsules per day.

Main ingredients content		
Ingredients	1 gel capsule	3 gel capsules (daily dose)
Fish oil corresp. to EPA	332 mg	996 mg
to DHA	60 mg	180 mg
Flaxseed oil corresp. to CLA	40 mg	120 mg
Evening primrose oil corresp. to GLA	332 mg	996 mg
D-alpha tocopherol	216 mg	648 mg
	33,3 mg	100 mg
	5 mg	15 mg (125% NRV)



Pumpkin 60 gel capsules

Main ingredients: Pumpkin (*Cucurbita pepo* L. var. *oleifera*) seed oil (85% fatty acids of which 40% linoleic acid, 18% oleic acid); D-alpha tocopherol.

Physiological effects of pumpkin seed oil: prostate function, drainage of body's fluids and functionality of the urinary tract.

Conditions of use: 1 to 2 gel capsules per day.

Main ingredients content			
Ingredients	1 gel capsule	2 gel capsules (daily dose)	NRV
Pumpkin seed oil corresp. to fatty acids of which linoleic acid	1000 mg	2000 mg	
oleic acid	850 mg	1700 mg	
D-alpha-tocopherol	400 mg	800 mg	
	180 mg	360 mg	
	10 mg	20 mg	167%



Wheat germ 70 gel capsules

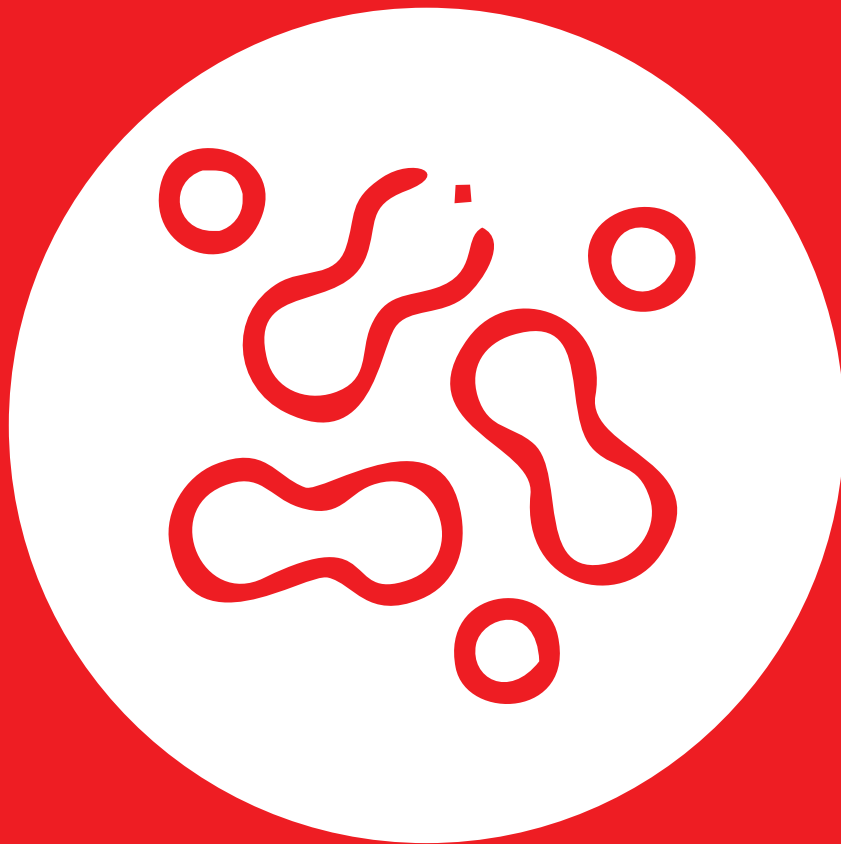
Main ingredients: Wheat germ oil (*Triticum aestivum* L.); natural vitamin E.

Physiological effects of wheat germ oil: antioxidant, lipids metabolism.

Conditions of use: 3 to 4 gel capsules per day.

Main ingredients content		
Ingredients	1 gel capsule	4 gel capsules (daily dose)
Wheat germ oil	500 mg	2000 mg
Vitamin E	1,25 mg	5 mg (41% NRV)

Enzymes





Acidophilus 24 capsules

Main ingredients: *Lactobacillus acidophilus* 10 billion active cells per capsule.

Indications: promotes the intestinal flora's balance.

Conditions of use: 1 to 2 capsules per day. Each capsule provides not less than 10 billion active cells of *Lactobacillus acidophilus*.

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Lactobacillus acidophilus	10 billion c.f.u.	20 billion c.f.u.



Boulardii 30 capsules

Main ingredients: *Saccharomyces boulardii* (20 billion active cells/g).

Indications: probiotics (*S. boulardii*) and prebiotics (inulin) promote the balance in the intestinal flora.

Conditions of use: 1 capsule 2 to 3 times a day.

Main ingredients content		
Ingredients	1 capsule	3 capsules (daily dose)
Saccharomyces boulardii Inulin	5 billion cfu 150 mg	15 billion cfu 450 mg



Bifidum 24 capsules

Main ingredients: *Bifidobacterium bifidum* 10 billion active cells per capsule.

Indications: promotes the intestinal flora's balance.

Conditions of use: 1 to 2 capsules per day. Each capsule provides not less than 10 billion active cells of *Bifidobacterium bifidum*.

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Bifidobacterium bifidum	10 billion c.f.u.	20 billion c.f.u.



Casei 24 capsules

Main ingredients: *Lactobacillus casei* 10 billion active cells per capsule.

Indications: promotes the intestinal flora's balance.

Conditions of use: 1 to 2 capsules per day. Each capsule provides not less than 10 billion active cells of *Lactobacillus casei*.

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Lactobacillus casei	10 billion c.f.u.	20 billion c.f.u.



Plantarum 24 capsules

Main ingredients: *Lactobacillus plantarum* 10 billion active cells per capsule.

Indications: promotes the intestinal flora's balance.

Conditions of use: 1 to 2 capsules per day. Each capsule provides not less than 10 billion active cells of *Lactobacillus plantarum*.

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Lactobacillus plantarum	10 billion c.f.u.	20 billion c.f.u.



Reuteri 24 capsules

Main ingredients: *Lactobacillus reuteri* 10 billion active cells per capsule.

Indications: promotes the intestinal flora's balance.

Conditions of use: 1 to 2 capsules per day. Each capsule provides not less than 10 billion active cells of *Lactobacillus reuteri*.

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Lactobacillus reuteri	10 billion c.f.u.	20 billion c.f.u.



Rhamnosus 24 capsules

Main ingredients: *Lactobacillus rhamnosus* 10 billion active cells per capsule.

Indications: promotes the intestinal flora's balance.

Conditions of use: 1 to 2 capsules per day. Each capsule provides not less than 10 billion active cells of *Lactobacillus rhamnosus*.

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Lactobacillus rhamnosus	10 billion c.f.u.	20 billion c.f.u.



Termophilus 24 capsules

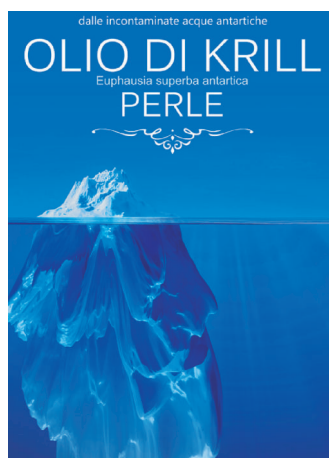
Main ingredients: *Streptococcus thermophilus* 10 billion active cells per capsule.

Indications: promotes the intestinal flora's balance.

Conditions of use: 1 to 2 capsules per day. Each capsule provides not less than 10 billion active cells of *Streptococcus thermophilus*.

Main ingredients content		
Ingredients	1 capsule	2 capsules (daily dose)
Streptococcus thermophilus	10 billion c.f.u.	20 billion c.f.u.

STOREWINDOW SIGN



*With 35 years of passionate and
dedicated service,
Kos Herbal Laboratory
continues to blend tradition and
innovation, delivering unique
natural remedies
that reach both the mind
and the heart.*



KOS s.r.l.

Via G. Leopardi, 17

59015 Carmignano Loc. Comeana (PO), Italy

export@kos.it

www.kos.it